

BETHS VIP

Excellence - Community - Respect - Nurture

MESSAGE FROM THE HEADTEACHER



Dear Parents, Carers,

The public examinations have reached the halfway point and we are proud of our students for the professional approach they have taken to these exams, even if they are feeling somewhat nervous, the studying and efforts they have put into their revision will pay off when their results come in.

You may have seen in the news of the train strikes to take place this month. There are two dates which may affect some students travelling via train - Tuesday 21st and Thursday 23rd June. Please ensure your son/daughter gets to school on time and consider that the roads may be more congested. We also have A level and GCSE examinations on both dates. Please ensure your son/daughter arrives in plenty of time for their exams as they must start at 9am and 1:30pm.

It has been brought to my attention that some parents are dropping students off on the Black Prince roundabout, by the Holiday Inn. This is extremely dangerous not only for the student exiting the vehicle but for other commuters. I would strongly encourage parents not to do this and to find an alternative drop off point if the traffic is heavy going into the village. Hall Place is approx. 10-15 minute walk.

Thursday 16th June will be our Sports day event for Years 7-10 at Erith Athletics stadium. A letter was sent to parents yesterday with the timings for each key stage. Please ensure your son has plenty of drink and snacks with him as there are limited and expensive options at the venue.

Have a wonderful weekend,
Richard Blyghton



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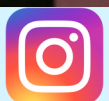
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YEAR 10 CHINA TRIP

At the end of last term, some year 10 students went on a school trip to Chinatown and the British Museum. They had a wonderful time exploring and learning about China and Chinese culture.



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SUMMER ART EXHIBITION 2022

We will be holding a Summer Art Exhibition filled with many wonderful pieces from various year groups on Saturday 25th June at Gallery 32. Please pop along and see many exciting pieces from our students!



Beths Grammar School Summer Art Exhibition
Saturday 25th June 2022. 10am - 4pm
Gallery 32, Manor Way, Bexley. DA5 3QG
(Next to Bexley Cricket Club). Free Admission



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1ST XV VS MARYLEBONE CRICKET CLUB

On Wednesday 8th June our 1st XV Cricket team played their annual Marylebone Cricket Club match at Bexley Cricket Club. Final score MCC 237-2 (dec) and Beths 125 all out. Well done everyone, excellent effort and a great occasion!



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BEST OF BETHS NEWSLETTER

May Edition of Best of Beths student newsletter is now available <https://www.beths.bexley.sch.uk/page/?title=Best+of+the+Beths+Newsletter&pid=403> This month's edition includes articles about Eid Mubarak! by Ifeanyi 10E , Doctor Strange film review by David 10C, Benefits of Studying a Diverse Curriculum by Daniel 9E and much more!



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NATIONAL THEATRE

Kids go free this August with What's On Stage annual summer promotion!

A child 17 and under goes free when accompanied by an adult paying full price. Plus an additional two children can attend for half price!

Tickets go on sale at 10am on Tuesday 14 June.

You could see shows such as & Juliet, Back to the Future, Frozen, Come From Away, The Lion King Matilda and much more! Why not see some great theatre performances this summer!

Follow the link for more details:

<https://officiallondontheatre.com/kids-week/>

London Theatre

WHATSONSTAGE



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MUSICIAN OF THE WEEK

This weeks Musician of the Week is: James, Year 12

Here is a really excellent video of James performing Psycho Killer by Talking Heads.

Link to video: <https://www.youtube.com/watch?v=c3KxJCwqLLI>



Any student who would like to be featured in the Beths 'Musician of the Week', whether it be a group or solo performance or a composition, please send your entries to Ms Marriott msmarriott@beths.bexley.sch.uk

SPORT RESULTS AND FIXTURES

Results for week commencing 6th June

CRICKET					
06.06.22	Area Cup	U13A	V Wilmington Grammar School for Boys	Away	Won
07.06.22	Area Cup	U12A	V Wilmington Grammar School for Boys	Away	Postponed
09.06.22	Area Cup	U14A	V Wilmington Grammar School for Boys	Away	Won
10.06.22	Kent Cup	U12A	V Maidstone Grammar	Away	Postponed

Fixtures for week commencing 13th June:

CRICKET					
17.06.22	Kent Cup	U12A	V Maidstone Grammar	Away	Start time 2:30pm
FOOTBALL					
15.06.22	KS4 North Kent Comp Finals	U15A	V King Henry	Away	KO 3:30pm



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FREE BIKE LESSONS



Free Bikeability Cycle Training this Summer Holidays

Is your child ready to cycle on busier roads, maybe to get to school or leisure activities? Then sign them up on one of our FREE Level 2 cycling courses being run during the Summer Holidays (July 28th to September 2nd 2022).

The courses are for one day only each. Limited places available email: roadsafetyeducation@bexley.gov.uk

Children must be 10 years old and above to apply. They should be able to ride a bike. The course will be held at Bexley Grammar School. 9.30 to 2.30 (latest depending on numbers attending) for one day.

Please bring your own working bike, helmet, suitable clothing, and lunch.



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KEEPING YOUR CHILD SAFE ONLINE

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about GROUP CHATS

Occurring through messaging apps, on social media and in online games, group chats are among the most popular ways that young people engage with their peers online. Involving, by definition, three or more individuals, these groups allow users to send messages, images and videos to everyone in one place. While they are useful for helping friends, people with shared interests or members of a club to communicate and coordinate activities, they can also leave young people feeling excluded and bullied – as well as providing opportunities for inappropriate content to be shared and viewed.

WHAT ARE THE RISKS?

BULLYING

Unkind comments or images which are purposely aimed at an individual can be shared freely in a group chat – allowing and often encouraging others to join in the bullying behaviour. If this content is shared in a group of their peers (especially a larger group), it serves to amplify the hurt, embarrassment, anxiety and isolation that the victim feels.

EXCLUSION AND ISOLATION

This common issue with group chats can happen in several ways: starting a new group, for instance, but deliberately excluding a certain child. Likewise, the chat may take place on an app which one child doesn't have access to, meaning they can't be involved. A child can also feel isolated when a group chat is used to discuss or share images from an event that everyone else but them attended.

INAPPROPRIATE CONTENT

Some discussions in group chats may include inappropriate words, swearing and unsuitable images or videos. These could be viewed by your child if they are part of that group, whether they actively engage in it or not. Some chat apps have a disappearing message function, so your child may be unable to report something they've seen because it can only be viewed once or for a short time.

SHARING GROUP CONTENT

It's important to remember that – while the content of the chat is private between those in the group – individual users can easily share a message, photo or video with others outside of the group or screenshot what's been posted. The risk of something your child intended as private becoming public (and potentially going viral) is higher if there are people they don't know well in the group.

UNKNOWN MEMBERS

Within larger group chats, it's more likely your child will be communicating with people they don't really know. These strangers may be friends of the host, but not necessarily friendly toward your child. It's wise for young people not to share personal details and stay aware that they have no control over the messages and images they share after they've put them online.

NOTIFICATIONS AND FOMO

A drawback of large group chats is the sheer number of notifications. Every time someone in the group messages, your child's device will be 'pinged' with an alert; potentially, this could mean hundreds of notifications a day. Not only is this highly distracting, but young people's fear of missing out on the latest conversation results in increased screen time as they try to keep up with the chat.

Advice for Parents & Carers

CONSIDER OTHERS' FEELINGS

Group chats are often an arena for young people to gain social status. This could cause them to do or say things on impulse, which could upset others in the group. Encourage your child to consider how other people might feel if they engaged in this behaviour. If your child does upset a member of their group chat, support them to reach out, show empathy and apologise for their mistake.

GIVE SUPPORT, NOT JUDGEMENT

Remind your child that they can confide in you if they feel bullied or excluded in a group chat, instead of responding to the person who's upset them. Validate their hurt feelings and help to put them back in control by discussing how they'd like to handle the situation. On a related note, you could also empower your child to speak up if they're in a chat where others are being picked on.

BLOCK, REPORT AND LEAVE

If your child is in a chat where inappropriate content is being shared, advise them to block the users sending the material, report them to the host app or platform and exit the group. If any of this content could be putting a minor at risk, contact the police. Emphasise to your child that it's OK for them to simply leave any group chat that they don't feel comfortable being a part of.

PRACTISE SAFE SHARING

In any online communication, it's vital for young people to be aware of what they're sharing and who might potentially see it. Discuss the importance of not revealing identifiable details like their address, their school or photos that they wouldn't like to be seen widely. Remind them that once something is shared in a group, they lose control of where it may end up and how it might be used.

AVOID INVITING STRANGERS

Sadly, many individuals online hide their true identity to gain a child's trust – for example, to gather information on them, to exchange inappropriate content or to coax them into doing things they aren't comfortable with. Ensure your child understands why they shouldn't add people they don't know to a group chat – and, especially, to never accept a group chat invitation from a stranger.

SILENCE NOTIFICATIONS

Having a phone or tablet bombarded with notifications from a group chat can be a massive irritation and distraction – especially if it's happening late in the evening. Explain to your child that they can still be part of the group chat, but that it would be healthier for them to turn off or mute the notifications and catch up with the conversation at a time which better suits them.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented bullying and cyber safety policies for schools. She has published numerous academic papers and carried out research for the UK government comparing internet use and sexting among young people in the UK, USA and Australia.



www.nationalonlinesafety.com

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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 27.04.2022



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EXTRA-CURRICULAR CLUBS

There are a range of activities/ clubs on offer for students. These activities run before school, lunch time, and after school. Below is a list of all activities currently offered. Please speak to the member of staff listed below if you would like more information.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Before school 8 – 8.30am	KS3 Basketball	KS3 Basketball	KS3 Basketball	KS4 Basketball KS3 Composition club Composing for Video Games	KS4 Basketball
Lunch time KS3 12.00 – 13.00	Year 7 and 8 Robotics club- A6, Year 9 Basketball (Mr Temple), KS3 Chess Club – A2,	Year 10 and 11 Coding Club, Memrise club, KS3 Chinese Experience Club - S18,	Year 8 Basketball ALL (Mr Webb) ODD WEEK, Year 7 Rugby (Mr G.S + Mr Smith), KS3 Eco – Club – A4,	KS3 Badminton (Mr Temple), KS3 Drama (2:15-1:45) – P3 (Ms Grady), KS3 Design and technology club,	Year 7 Basketball (Mr G.S + Mr Smith), Year 8 Football – Team Training (Mr Webb) ODD WEEK ONLY, KS3 LGBTQ+ Club (S16/S17),
KS4 KS5 12.50 – 13.50	Year 10 Basketball (Mr Smith), Beths Bar (KS4 and KS5), KS4 & KS5 Chess Club, KS5 Gender Equality Group,	Year 10 and 11 Basketball, KS5 Maths Olympiad Club- B12,	Elective in French (ODD week), Elective in Spanish (ODD week), Music KS4 revision, KS4 Eco-club – A7A, Sixth form: Football, Rugby, Basketball, Netball	Girls Fitness - Sports Hall, Year 10 Debate Club - B4,	Sixth form Basketball (Team), KS4 and KS5 LGBTQ+ Club, KS5 Music Revision,
After school 3.20 – 4.45pm	Rugby Training Year 7-9, KS3 Badminton, Song writing club P2, Computing Year 11 and Year 13 revision, KS4 Robotics club- A6,	Year 8 and 9 Basketball Orchestra	Year 7 Japanese Club - S17, Year 8 and 9 Basketball, 6th Form Band (Session 3 in P2, 2-3pm), Piano Orchestra, Anime Piano Club - P2, Warhammer Club - S1,	KS3 Football (ALL) Year 7 STEM Club - S12 KS3 Violin Club, KS4 Basketball, Student and Staff Choir - P1 (Ms Marriott), Beths Singers,	Robotics club (open to all) – A6, Year 7 and 8 Basketball, Big Band rehearsals, KS5 Maths Olympiad Club- B12,

The full list of clubs and activities can be found on the school's website

<https://www.beths.bexley.sch.uk/page/?title=Extra+Curricular+Activities&pid=50>



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BETHS PARENTS ASSOCIATION:

1. Latest Parents' Association events

Beths PA is planning next academic year, why not get involved and help much needed funds to improve our children's learning experience?



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Thank you to all families who are generously supporting our fundraising activities

Reuse, Reduce, Recycle Scheme: PA's new 3Rs scheme

Coming soon... Second-hand Uniform Sales: We are asking for any donations of nearly new blazers and unembroidered PE kit. Please do consider donating to our PA Uniform Shop. Simply drop them off at the School Reception! We are selling these items, please email the PA via beths.parents.association@gmail.com.



BETHS PA NEARLY NEW UNIFORM SHOP



Price List:	
Blazers	£10
Trousers	£3
Jumpers	£3
PE Shorts	£3
Tracksuit Bottoms	£5
Tracksuit Top	£5
Long sleeve Games top	£5
Short Sleeve Games top	£5
House colour PE top	£5
White shirts	£3 New £5
House Tie	£1

Uniform Donations are very welcome.

Please contact for donations and purchases:
beths.parents.association@gmail.com



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BETHS PARENTS ASSOCIATION:

2. PA's exciting fundraising campaigns

Lighting for drama



The new lights which the Drama department is requesting are state-of-the-art remote-controlled lights which vary in colour and will provide an even better experience for future theatrical productions.

Our target of £1,000 should not take too long to reach so please kindly donate via this QR code anytime from now on or by following this link: <https://cafdonate.cafonline.org/17269>

Foreign Coins Collection: the counting and weighing on Wednesday 20th April

We have collected 21kg of foreign coins (to be sent off and cashed in), plus 175 Euros, 49 USA dollars plus lots of other notes to convert into £s.

We'll keep you posted on the final total raised!

THANK YOU for your continuous support.



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BETHS PARENTS ASSOCIATION:

Raise money for these thrilling projects and Giftaid it!

Nowadays, most of us are shopping online! Help us raise more funds while you do your shopping!

1. Please go to smile.amazon.co.uk and search for Beths Parents' Association. You need to start each of your shopping sessions at the URL smile.amazon.co.uk.



2. If you shop elsewhere online, please join Easyfundraising. Again, it costs nothing to you and Beths PA will automatically receive a donation. You can sign up at www.easyfundraising.org.uk/BethsPA and we will receive a donation anytime you shop.



The other exciting projects chosen by parents with the aim to raising **£10,000** which can be increased by **25%** with Giftaid

Over £3,000 has already been raised! THANK YOU!
Every £ help us to get closer to our target goal.



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BETHS PARENTS ASSOCIATION:

Friends and Sponsors of Beths Parents Associations

We would like to say a special THANK YOU to our sponsors and William Jones who have generously donated towards our three editions of Beths Parents Association Online Chess Tournament, with cash functions and prizes for the winners.



Why not become a Sponsor by donating and having your business logo published on our pages! Please contact us for more details: beths.parents.association@gmail.com
THANK YOU!

Important dates



Next meeting: on Tuesday 14th June 2021 @ 7.30pm - Zoom

Please keep checking on our website and social media pages for upcoming events



beths.parents.association@gmail.com



Beths Parents Association



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