

BETHS VIP

Excellence - Community - Respect

MESSAGE FROM THE HEADTEACHER



Dear Parents, Carers,

Our Sports Day took place yesterday at Erith Athletics Stadium and the Beths Community spirit was felt around the stadium. Our Year 12 Prefect team assisted with events and gave encouragement and support to fellow scholars. There was lots of competition amongst the Houses, and the winning houses are as follows:

Year 7 = Brampton
Year 8 = Abbey
Year 9 = Wickham
Year 10 = Hurst
Year 12 = Wickham

Overall House winner was Wickham with 799 points!! Congratulations.

In keeping with bringing external companies and speakers into school, this week our MFL department welcomed in the Onatti Theatre Company who delivered a play in Spanish to all Year 7 Spanish scholars.



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We also hosted Bexley's LGBTQ+ Think Tank involving other local secondary schools. This marked the 3rd anniversary of these events which were initiated by Beths, working with Bexley Council. Students heard from guest speakers who work with vulnerable youth in Bexley, participated in games and shared stories/experiences from their schools. More to follow in next week's VIP.

Next week we have some trips going out. Some Year 8 scholars will be attending the British Museum; a mix of Year 8 and Year 9 scholars will be running drama workshops with Hurst Primary School; Year 12 will be on a Geography field trip to the Isle of Dogs; some Year 10 scholars will be attending a MEP event at St Mary's University and half of Year 7 will be attending the Natural History Museum!

17th June - Year 10 Trial Exams commence until 28th June

20th June - Year 12 Parents Evening in Person

26th June - Sports Presentation Evening for selected scholars

26th-28th June - New Year 12 Inductions Day

27th June - Final GCSE & A Level public examination day

28th June - Year 7 reports sent home to parents. Deadline for UCAS reports.

w/c 1st July - Year 12 Work Experience week

2nd July - Year 6 Induction Day and at 18:00 our Summer Concert

5th July - Year 8 camp 1 leaves

11th July - Year 8 camp 1 returns and camp 2 leave and our 2nd Summer Concert takes place at 18:00

17th July - Year 8 camp 2 returns

24th July - last day of term



Have a wonderful weekend,
Richard Blyghton



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SPORTS DAY



SPORTS DAY - THE RESULTS



Year 7 Brampton



Year 8 Abbey



Year 9 Wickham



Year 10 Hurst

	Year 7	Year 8	Year 9	Year 10	Year 12
1 st Place	Brampton	Abbey	Wickham	Hurst	Wickham
2 nd Place	Wickham	Brampton	Abbey	Wickham Brampton	Cray
3 rd Place	Abbey	Wickham	Cray		Brampton
4 th Place	Hurst	Cray	Eardley	Eardley	Hurst
5 th Place	Eardley	Hurst	Brampton	Cray	Eardley
6 th Place	Cray	Eardley	Hurst	Abbey	Abbey

A massive congratulations to everyone who took part in Sports Day! You represented your houses brilliantly. Congratulations to all the different winners across the year groups, and an even bigger congratulations to Wickham, our overall winner.

Wickham	799
Brampton	790
Abbey	660
Hurst	636
Cray	632
Eardley	579



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Y2K DAY

On 17th May, Beths Multicultural Committee held a Y2K Non-Uniform Day. It was a wonderful opportunity for students to showcase their best 2000s-inspired clothing. Year 7H spent their form time competing in a 2000s quiz with a round of "Guess the 2000s Song."

The MCC is happy to announce they made a whopping £906!

"The day was fun, and it was all in the name of charity. Could it really have gotten any better? And in relation to my outfit, if you want to succeed in school, take notes in class, but if you want class, take notes on me," - Sky N, Vice Head of the Multicultural Committee.

This day brought a bunch of emotions to everyone. We are thankful to everyone who took part and happy to say we raised a whopping £906 for our charity showcase. - Roman M, Member of the Board of Directors.



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Y2K DAY



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RSPCA



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If you're 18 or under, have a phone or camera and can take great photos, this is the competition for you! Send us your animal images by **15 August 2024**. Finalists are invited to our Tower of London awards ceremony with TV's Chris Packham.



For more info: rspca.org.uk/ypa



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Did you know?

Conflict between parents, whether together or separated, can have a significant negative impact on child's emotional wellbeing, potentially harming their life outcomes.



To view the video on how harmful parental conflict can negatively impact children scan the QR code.



The Bromley Parenting Hub

Offers a range of information for all parents in the borough, whether together, separated or considering separation who want to find ways to improve their relationship and get along better.

We know and understand that in every relationship there are arguments and conflict. But some couples argue more frequently and intensely. If these arguments and struggles are left unresolved, they can develop and grow which can change your relationships from healthy to unhealthy. Please visit

www.bromleyparentinghub.info to access a guide to living in healthy relationships or scan the QR code.



Watch out for Bromley's STOP.THINK.CHANGE Reducing Parenting Conflict social media campaign.

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KEEPING YOUR CHILD SAFE ONLINE

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators FAIR PLAY AND FRIENDLY COMPETITION

In school sports, fair play and friendly competition are important for character development. Fair play embodies respect and integrity while good-natured competition balances rivalry with camaraderie. This guide addresses potential challenges – like the pressure to win – and offers practical tips on instilling values of fair play and cultivating a positive sporting environment for young athletes.

1 LEAD BY EXAMPLE

Parents, carers and teachers should try to exemplify fair play: demonstrating respect for opponents, coaches and officials. Children frequently learn by observing adult behaviour, so displaying a sense of fair play sets a powerful precedent for them to follow in their own actions on and off the field.

2 EFFORT OVER OUTCOME

Encourage children to focus on giving it their all, rather than basing their entire performance on whether they win or not. This fosters a growth mindset, where the journey and the process of improvement are valued just as much as the end result. It also reduces the pressure to "win at all costs", which can be a harmful outlook in some situations.

3 SET CLEAR EXPECTATIONS

Establish clear guidelines and expectations for behaviour before, during and after sporting events. Ensuring that children understand what is considered acceptable conduct helps prevent misunderstandings and promotes a positive, respectful atmosphere.

4 HIGHLIGHT COOPERATION

Underline the value of teamwork and cooperation in achieving success. Success isn't just about individual achievements, but about how well the team communicates, encourages each other and works together towards a common goal. A strong focus on cooperation fosters camaraderie and mutual support among players.

5 DISCUSS ACCEPTING DEFEAT

Help children to understand that they can't win every contest – that losing occasionally is a natural part of both sport and life in general. Teaching them to accept defeat gracefully and learn from their mistakes promotes resilience, humility and the ability to bounce back stronger from setbacks. Taking a loss in one's stride is also an admirable trait and can help children and young people garner respect in their future life.

6 ENCOURAGE INCLUSIVE PARTICIPATION

Promote an environment where all children feel welcome and valued, regardless of their skill level. Prioritise the importance of participation and enjoyment over winning, creating a supportive atmosphere where every child can thrive and develop their abilities without unnecessary pressure.

7 FOSTER CONFLICT RESOLUTION SKILLS

Teach children how to resolve conflicts peacefully and respectfully, both on and off the field. Providing them with strategies for effective communication and problem-solving helps build stronger relationships and enhances their ability to navigate challenges, which can be a huge boon to them throughout their adult lives.

8 TEACH RESPECT

Emphasise to children the importance of respecting everyone involved in the game, regardless of the outcome. Respect for your teammates, opponents, coaches and officials helps to create a positive, inclusive sports environment where everyone can feel valued and appreciated.

9 GIVE CONSTRUCTIVE FEEDBACK

Offer feedback that focuses on areas for improvement rather than unfilitered criticism. Praise what a child has done well and advise on how to improve, rather than simply pointing out shortcomings. Encouraging a growth mindset and highlighting progress helps children to develop confidence, resilience and a desire to continue striving for excellence.

10 CELEBRATE GOOD SPORTSMANSHIP

Try to avoid solely drawing attention to children's physical performance on the field. Recognise and celebrate acts of sportsmanship, fair play and kindness, too. By spotlighting positive behaviour, you reinforce the importance of such conduct and inspire children to practise this in the future, creating a culture of respect and camaraderie within the sports community that does wonders for morale.

Meet Our Expert

Caroline Holder is a PE consultant based in Staffordshire. Having worked across all age ranges delivering PE in schools, she now trains teachers and works with schools to develop their provision and ensure it achieves maximum impact for pupils. She passionately believes in the impact that PE, sport, and activity can have on children.



The National College®

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/friendly-competition>

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