

BETHS VIP

Excellence - Community - Respect - Nurture

MESSAGE FROM THE HEADTEACHER

Dear Parents, Carers,



This week we have seen the start of our GCSE and A Level examinations taking place and I'm proud of our students for their conduct towards these as for both year groups, this is the first public examination they have sat. For those who have morning examinations, please can you ensure your son/daughter leaves in plenty of time to arrive at the school, as this week we have seen temporary traffic lights pop up in the village, causing more pressure on the morning rush hour.

Yesterday selected Year 7,8,9 and 10 students represented us at the English Schools Athletics competition at Dartford Harriers Athletics Club. Congratulations to our Years 7 & 8 team who came second in the junior competition, and Years 9 & 10 team who came forth in the intermediate competition.

We had a French theatre group come into school this week to perform a play to our KS3 and Year 10 French students and next week we have a Spanish theatre group performing. More about this is shared in the VIP.



During the week in Form Time and PSHE, we have celebrated Mental Health Awareness week. Students and staff have been sent a short wellbeing survey to complete so that our Wellbeing Champions can pull the data and target specific areas. Mental Health and Wellbeing is importance to us all year round, especially at examination times where an increase in anxiety appears and young people tend to hide this. We have our designated School Counsellor and Wellbeing Champions that students have access to, should they feel stressed, worried or anxious about anything. More information on anxiety and ways to deal with it, can be found here: [Mental Health Awareness Week 2023 | Mental Health Foundation.](#)

Next week is our last week of this half term and we see the long-awaited return of Year 8 Camp this summer. Parents will have an information evening on Thursday 25th May at 6pm-7pm in the main school hall. Also, on Thursday 25th May there will be a UCAS Information Evening for Year 12 parents and students at 6pm-7pm virtually. Details have been sent to parents, so please check your mailboxes.

Have a great weekend,
Richard Blyghton



@BethsGrammar



Beths Grammar School



@BethsGS

YEAR 7 LATIN FORUM

As of this Friday, selected Year 7 students have attended four Latin Forums and have enjoyed it immensely so far! During the first two weeks, we explored the Classical world, offering an introduction to myths and Latin through a mixture of quizzes, games and innovative and exciting lectures from Mr Simpson and Ms Harris.

In Week 3, we debated the hotly anticipated question: 'Who was better- the Romans or the Greeks?' After much serious preparation and teamwork, the two sides, headed by Mr Papakostas (Greeks) and Mr Simpson (Romans), matched wits in an epic debate. Both sides offered well-researched and impassioned arguments but ultimately, the Romans pipped it with convincing points backed by excellent evidence and charismatic speakers.

This week saw an exploration of the great literary works the Classical period had to offer: the Odyssey and the Aeneid. Our final week will be all about the Roman army and Empire- one of the greatest the world has ever seen and may never see again... How did they do it?

We hope to see you there, fellow Romans!



@BethsGrammar



Beths Grammar School



@BethsGS

CHINESE EXPERIENCE CLUB

This week during Chinese Club, students made fun Chinese dragons in celebration of the Dragon Boat festival, which is a traditional Chinese holiday. The Dragon Boat festival falls on the 22nd June this year.



@BethsGrammar



Beths Grammar School



@BethsGS

ONATTI FRENCH PLAY

On Thursday, 18th May, Y8, Y9 and Y10 French students were invited to watch a play in French by the Onatti Theatre Company. 'La Maison Hantée' (The Haunted House) lived up to its name in a variety of comically spooky ways. We even had some audience participation with two brave Y8 students inserting themselves into the cast, fighting off ghosts and criminals and calling the police in French. Afterwards, there was a chance to ask questions to the actors in French or English. The students were engaged, receptive and incredibly curious about the workings of the stage. C'était fantastique! Bravo!



@BethsGrammar



Beths Grammar School



@BethsGS

BEXLEY YOUTH COUNCIL



www.bexley.gov.uk

Bexley Youth Council

We are currently seeking new members to join this pro-active group.

Do you live or are you educated in Bexley?

Are you aged 13 - 19?

Are you free on Wednesday evenings fortnightly from 6 - 8pm?



Meetings are held at the Civic Offices, Broadway Bexleyheath, DA6 7AT

Do you care about your environment, community, education, safety & leisure facilities?

Do you want to help make positive changes?

Are you prepared to 'Have your say'?

Would you like to meet new friends?

If you are interested, Please complete the manifesto on the back of this flyer and return to:

Ms Chris Lee

Bexley Targeted Youth & Participation Officer

Civic Offices; 2 Watling Street

Broadway; Bexleyheath

DA6 7AT

07792 661 364 chris.lee@bexley.gov.uk



@BethsGrammar



Beths Grammar School



@BethsGS

EXAM STRESS SUPPORT -YOUNG MINDS

Exam Time & Exam Stress | Parents Guide To Support | YoungMinds

Exams are a stressful time for any young person, if you're worried about how your child is coping read our tips and advice on how to help at [https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/?](https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/?utm_source=eshot&utm_medium=email&utm_campaign=360schools&utm_content=april2023&utm_term=exams)

[utm_source=eshot&utm_medium=email&utm_campaign=360schools&utm_content=april2023&utm_term=exams](https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/exam-time/?utm_source=eshot&utm_medium=email&utm_campaign=360schools&utm_content=april2023&utm_term=exams)



Exam Time & Exam Stress | Parents Guide To Support

Exams are a stressful time for any young person, if you're worried about how your child is coping read our tips and advice on how to help.

www.youngminds.org.uk

Exam Stress | How To Deal with Exam Stress for students | YoungMinds

It's normal to feel a bit worried about exams, but sometimes they can make you feel anxious or depressed. Find out how you can deal with exam stress at [https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/?](https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/?utm_source=eshot&utm_medium=email&utm_campaign=360schools&utm_content=april2023&utm_term=exams)

[utm_source=eshot&utm_medium=email&utm_campaign=360schools&utm_content=april2023&utm_term=exams](https://www.youngminds.org.uk/young-person/coping-with-life/exam-stress/?utm_source=eshot&utm_medium=email&utm_campaign=360schools&utm_content=april2023&utm_term=exams)



Exam Stress | How To Deal with Exam Stress

It's normal to feel a bit worried about exams, but sometimes they can make you feel anxious or depressed. Find out how you can deal with exam stress.

www.youngminds.org.uk



@BethsGrammar



Beths Grammar School



@BethsGS

BETHS 5K FUN RUN/WALK

We are excited to invite you to join us for a Beths Grammar School Family 5k Fun Run & Walk. This will be taking place at 10:00am on Saturday 17th June 2023 at Hall Place & Gardens, Bourne Road, Bexley, Kent, DA5 1PQ.

All donations for participating, spectating or supporting are welcome, with all donations going towards the new basketball scoreboard in the sports hall, which is in memory of year 10 student Osaivbie who passed away in October of last year.

This is a great opportunity for you to support a meaningful cause and come along and join the Beths community to get outdoors and exercise on (hopefully!) a sunny Saturday morning. So please sign up and donate to support this event!

We welcome everyone whether you are a student, parent, or friend to join us in this event. You can run or walk at your own pace and enjoy the beautiful scenery of Hall Place & Gardens. To get a good idea of how many will be joining us, please could you register your group using the following link <https://forms.office.com/e/EGy1wzyg6i>

There are many benefits of doing a fun run , such as:

- Reigniting your passion for running
- Lowering your blood pressure
- Improving your mood
- Boosting your immune system
- Raising money for our great causes to support your childs' experiences



@BethsGrammar



Beths Grammar School



@BethsGS

BETHS 5K FUN RUN/WALK

So, what are you waiting for? Sign up and get the date in your diaries!

To register for the event, please fill out this form: <https://forms.office.com/e/EGy1wzyg6i>

To donate for event please use this link: <http://basketball.bethspa.co.uk>

If you have any questions, please contact us at mrwebb@beths.bexley.sch.uk

We look forward to seeing you on Saturday 17th June 2023 at 10:00am!
Please feel free to arrive from 09.30am onwards to warm up!

Yours sincerely,
Mr Webb

BETHS GRAMMAR SCHOOL PRESENTS

5K FUN

RUN & WALK

IN AID OF THE NEW BASEKETBALL SCOREBOARD

SUGGESTED DONATIONS £10

WEAR RED

SATURDAY
JUNE, 17 2023
START 10.00 AM

HALL PLACE

BOURNE ROAD, BEXLEY, KENT DA5 1PQ

DONATE CASH ON THE DAY OR TO
[HTTP://BASKETBALL.BETHSPA.CO.UK](http://basketball.bethspa.co.uk)

BUY FOOD & DRINK
BETHS BOBBLE HATS

FOR INFORMATION EMAIL MRWEBB@BETHS.BEXLEY.SCH.UK

BETHS PARENTS ASSOCIATION
Supporting Community, Local and Global



@BethsGrammar



Beths Grammar School



@BethsGS

SPORTS FIXTURES AND RESULTS

Results for week commencing 15th May 2023

CRICKET					
Date	Competition	Team	Opposition	Venue	
15.05.23	North Kent Cup	U14	V Chis and Sid	Away	Lost
16.05.23	North Kent Cup	U13	V Chis and Sid	Away	Won
ATHLETICS					
18.05.23	ESAA Track and Field	Selected Year 7-10	V Various Schools	Dartford Harriers AC, DA1 1JP	Year 7 & 8 – 2 nd Year 9 & 10 – 4 th

Fixtures for week commencing 22nd May 2023

CRICKET					
Date	Competition	Team	Opposition	Venue	Start time
23.05.23	U15 Cricket	U15	V Gravesend Grammar School	Away	2:45pm

*Please note that some matches may be cancelled/postponed and therefore we ask you to keep an eye on the SOCS website.

Beths Grammar School | Sports Home (bethssport.co.uk)

CLUBS AND EXTRA CURRICULAR ACTIVITIES

We have a range of clubs and extra curricular activities running for all year groups. For a full timetable of clubs and club information please head to our website <https://www.beths.bexley.sch.uk/page/?title=Extra+Curricular+Activities&pid=50>

KS3 Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
8- 8.30am			Year 8 Cricket Mr G.S		
Lunch	Spanish Club S16 Ms Bridge Reading Club EVEN WEEK B5 Ms Monteith Year 8 Cycling Club Mr Temple Field	LGBTQ+ Society S18 Mr Stein Drama Club P3 Ms Monteith Music Enrichment - Audition only Yu-Gi-Oh Club- A5 KS3 Tennis Mr Temple	French Club S19 Ms James Eco Club ODD WEEK A4 Mr Glendinning Music Appreciation 12:15-12:45pm P2 Y8 Dungeons and Dragons DandT Hub Ms Commerford Collegium Antiquum 12.15 start S19 Mr Simpson	Connect Club EVEN WEEK B4 Ms Takeda Year 9 Cricket Mr Webb	DT Club A9 Mr Knott Manga Club ODD WEEK B4 Ms Takeda* Animation Club A3 Ms Twinem Creative Writing ODD WEEK B2 Lady Irving-Gale Music Support Session 12:00-12:45pm P2 Spirited Arts - JEM/ - Friday Lunchtime Odd Week - M1 Year 8 Cycling Club Mr Temple Field
After School	Run Club School Field Mr Walter Beths Youth Band 3:40-4:45 P1 ** Group Piano lessons 3;30-4:30 P2 STEM Club Y7 S12 Ms Sarker Year 7 Cricket Training Mr Timothy	Memrise Clinic S16 Ms Bridge Music Enrichment - Audition only Orchestra 3:40-4:45pm in the Main School Hall	Latin Forum (Y7- invite only) MCC 3.30-4.30pm Theatre Production 3.45-4.30 P3 Ms Grady* ** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2 Year 7 – 10 Athletics Mr Temple	Warhammer S1 (3.40 start) Mr Turnbull Beths Singers 3:40-4:45pm P1 Year 9 Football Field Year 9 Cricket Mr Webb	Beths Big Band 3:40-4:45pm P2

KS4 Clubs

KS4 Timetable	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Music Revision 1:10-1:45pm P1 History Club EVEN WEEK M5 Maths Club B12 Mr Khalid Chess Club A2 Mr Healy	BEFORE SCHOOL Year 7 – 10 Tennis Mr Haywood Y11 Study Club (13.20-13.50) B4 Ms Takeda Music Revision 1:10-1:45pm P1 Philosophy Society EVEN WEEK M2 Ms May Stoic Philosophy Society Odd Week M2 Mr Papakostas	Eco Club EVEN WEEK A4 Ms Purbrick Poetry Club EVEN WEEK B1 Dr Easton U16 Basketball Sports Hall English Revision Club ODD WEEK B5 Reading Club ODD WEEK B5 Ms Monteith Music Theory Club at 1:10pm-1:45pm P1 Year 10 Tennis Mr Temple/Mr Webb	BEFORE SCHOOL Year 7 – 10 Tennis Mr Haywood BEFORE SCHOOL KS4 and KSS Weights Room Mr Webb Psychology Club MCC Mr Walsh and Ms Moffat Debating Club M4 Mr Chamberlain	LGBTQ+ Society (ODD- S19,EVEN S15) Ms Harris Social Sciences Reading Club FIRST ODD FRIDAY OF MONTH M4 Film Club B6 Ms Quinn and Mr Russell Y11 Study Club (13.20-13.50) B4 Ms Takeda
After School	Year 10 Rugby Field ** Group Piano lessons 3;30-4:30 P2	Year 10 Cricket Mr Waite Orchestra 3:40-4:45pm in the Main School Hall	U16 Basketball Sports Hall ** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2 Theatre Production 3.45-4.30 P3 Ms Grady* Year 7 – 10 Athletics Mr Temple	Warhammer S1 Mr Turnbull Beths Singers 3:40-4:45pm P1 Year 10 Football Field	Beths Big Band 3:40-4:45pm P2

CLUBS AND EXTRA CURRICULAR ACTIVITIES

KS5 Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
8 - 8.30am				Gym Club (Max 15 people) Weights Room Mr Webb	
Lunch time	<p>History Club EVEN WEEK M5</p> <p>Chess Club A2 Mr Healy</p> <p>Muslim Prayer group C3 Mr Ahmed</p> <p>KS5 Chemistry Club S8</p> <p>KS5 Physics Olympiad Club S1</p> <p>Gender Equality Society A7B Ms Ewing</p>	<p>Philosophy Society <u>EVEN WEEK M2 Ms May</u></p> <p>Muslim Prayer group C3 Mr Ahmed</p> <p>Stoic Philosophy Society Odd Week M2 Mr Papakostas</p>	<p>Eco Club <u>EVEN WEEK A4 Ms Purbrick and Mr Glendinning</u></p> <p>Music Theory Club at 1:10pm-1:45pm P1 Ms Marriott</p> <p>Poetry Club <u>EVEN WEEK B1 Dr Easton</u></p> <p>English Revision Club ODD WEEK B5</p> <p>Muslim Prayer group C3 Mr Ahmed</p> <p>Reading Club <u>ODD WEEK B5 Ms Monteith</u></p> <p>KS5 <u>Maths Olympiad Club B12 Mr Khalid</u></p> <p>Personal Statement Clinic LRC Mr Beaney</p>	<p>Music Revision 1:10-1:45pm P1 Ms Bowen-Evans</p> <p>Psychology Club MCC Mr Walsh and Ms Moffat</p> <p>Debating Club M4 Mr Chamberlain</p> <p>Muslim Prayer group C3 Mr Ahmed</p> <p>Yu-Gi-Oh Club A5 Mr Walter</p> <p>Informatics Olympiad club IT1</p> <p>BMAT physics support for Medics S0 Mr Beaney</p>	<p>LGBTQ+ Society (<u>ODD S19, EVEN S15</u>) Ms Harris</p> <p>Social Sciences Reading Club <u>FIRST ODD FRIDAY OF MONTH M4</u></p> <p>Film Club B6 Ms Quinn and Mr Russell</p> <p>Muslim Prayer group C3 Mr Ahmed</p> <p>Multi-Cultural Committee MCC BREAKTIME</p>
After School / Wednesday P3	<p>** Group Piano lessons 3:30-4:30 P2</p> <p>Engineering A6 Mr Morgan</p>	<p>Orchestra 3:40-4:45pm in the Main School Hall Ms Marriott</p>	<p>1st XI Football Venue TBC PE</p> <p>2nd XI Football Venue TBC PE</p> <p>6th Form Basketball Sports Hall PE</p> <p>6th Form Girls Football Field PE</p>	<p>Warhammer S1 Mr Turnbull</p> <p>Beths Singers 3:40-4:45pm P1 Ms Marriott</p>	<p>Beths Big Band 3:40-4:45pm P2 Ms Marriott</p>



@BethsGrammar



Beths Grammar School



@BethsGS


KEEPING YOUR CHILD SAFE ONLINE

Looking After Your WELLBEING ONLINE


We all know that taking care of our minds and bodies is essential to keep us feeling happy and healthy. The thing is, we spend so much of our time online these days that it's also important that we remember to look after ourselves in the digital world, too. Our poster has got some simple but useful tips for supporting your wellbeing while you're gaming, on social media or just using the internet.



 @natonlinesafety

 /NationalOnlineSafety

 @nationalonlinesafety

 @national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 17.05.2023



@BethsGrammar



Beths Grammar School



@BethsGS

BETHS GRAMMAR SCHOOL,
HARTFORD ROAD
BEXLEY
KENT
DA5 1NE

Email Address: admin@beths.bexley.sch.uk

**Email Address (to be used for items/concerns of a more
'sensitive' nature): HeadsPA@beths.bexley.sch.uk**

Telephone Number: 01322 556538



@BethsGrammar



Beths Grammar School



@BethsGS