

YEAR 11 FINAL EXAMS



Our Year 11 students got a sweet surprise to celebrate finishing their GCSE exams: a visit from an ice cream van! It was the perfect, delicious treat to mark the end of their hard work and dedication.

Well done all for finishing your exams!



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SPORTS DAY WINNERS

Congratulations to everyone who took part in sports day this year, it was a major success filled with high spirits and lots of competition! A massive congratulations to all our 1st, 2nd and 3rd place across all the different events. We look forward to another exciting Sports Day next year!

1st Place								
200m Final A	Yusuf	7B	Michael	8W	Ethan	9C	Dimeji	10H
200m Final B	Morgan	7B	Michael	8C	Marvellous	9W	Lucas	10A
200m Final C	Bo	7B	Jared	8A				
200m Final D	Harrington	7W	Jacob	8E				
800m	Demilola	7B	Prince	8A	Sam-J	9W	Daniel	10H
100m Final A	Elnathan	7E	Levi	8A	Derek	9E	Kyros	10E
100m Final B	Damifunre	7C	Sola	8W	Temitope	9W	Raynon	10H
100m Final C	Uyi	7W	Kyson	8B				
100m Final D	Jinmi	7C	Joseph	8H				
300m Final A	Nathan	7A	Liam	8A	Oscar	9B	Raynon	10H
300m Final B	Samuel	7B	Adam	8B	Erik	9W	Melvin	10H
1500m	Oto	7W	Remi	8B	Neel	9A	Alastair	10H
Shot	Logan	7H	Michael	8C	Temitope	9W	Adam	10W
Javelin	JJ	7E	Ashwin	8B	Daniel	9B	Isaac	10C
Long Jump	Izhaaq	7B	Marley	8W	Joshua	9W	Beejay	10W
Triple Jump	Mason	7A	Sylvester	8A	Jamie	9B	Dimeji	10H
Discus	Daniel	7B	Nathan	8H	Luca	9W	David	10B

2nd Place								
200m Final A	Mason	7A	Vlad	8B			Beejay	10W
200m Final B	Ibukun	7E	Lucas	8H	Joseph	9A	Jordan	10H
200m Final C	Shaun	7E	Aman	9C				
200m Final D	Johannes	7E	Ethan	8B				
800m	Atal	7A	Tahir	8H	Rhys	9E	Leo	10W
100m Final A	Mateo	7C	Faisal	8C	Olamiposi	9A	Dimeji	10H
100m Final B	Zaeem	7B	Akira	8C	Ethan	9E	Derek	10E
100m Final C	Enes	7C	Pistis	8A				
100m Final D	Nirab	7W	Sylvester	8A				
300m Final A	Zayn	7B	Emmanuel	8B	Joshua	9H	Keo	10B
300m Final B	Lucas	7A	Noah	8A	Samuel	9C	Joseph	10W
1500m	Raphael	7B	Henry	8H	Jago	9A	Tom	10E
Shot	Samuel	7B	Zachary	8H	Kristupas	9W	Raynon	10H
Javelin	Sahishnu	7H	Alfred	8C	Mateusz	9H	Akinwale	10A
Long Jump	Mark	7W	Isaac	8A	Neel	9A	David	10B
Triple Jump	Elnathan	7E	Devan	8B	Marvellous	9W	Owen	10B
Discus	Joseph	7H	Jeevan	8B	Joseph	9A	Anthony	10W



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3rd Place								
200m Final A	Mark	7W	Isaac	8A	Joshua	9W	Oluwatoba	10C
200m Final B	As'Ad	7H	Michael	8A	Jamie	9B	Ajisola	10E
200m Final C	Waseem	7A	Anointed	8E				
200m Final D	Tahmid	7C	Alex	8C				
800m	James	7H	Joshua	8E	Daniel	9B	Ivan	10W
100m Final A	Caleb	7W	Nick	8B	Luca	9W	Beejay	10W
100m Final B	Yemi	7E	Dara	8A	Obert	9A	Keo	10B
100m Final C	Sargam	7B	Alfred	8C				
100m Final D	Alex	7B	Benedict	8B				
300m Final A	Yahya	7C	Tymon	8W	Orlando	9W	Max	10E
300m Final B	Andrei	7C	Hallam	8W	Ievan	9B	Danny	10E
1500m	Maxwell	7H	Victor	8C	Micah	9W	Isaac	10C
Shot	Jared	7E	Timi	8W	Oliver	9A	Derek	10E
Javelin	Caleb	7W	Andrew	8W	Marc	9W	Sathvik	10C
Long Jump	Bo	7B	Nathan	8C	Will	9H	Tom	10E
Triple Jump	Barnaby	7A	Chukwuma	8E	Aadam	9E	Henry	10W
Discus	Awesome	7B	Jared	8A	Arber	9C	Oluwatoba	10C



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STUDENT SUCCESS

Evie B, Year 12 attends the Erith and District Artistic Swimming Club. On Sunday, 16th June, Evie competed in the Swim England Kent County Artistic Swimming Competition, where her team came first in Kent.

A massive congratulations to Evie and her team! What a wonderful achievement. We hope to hear about many more in the future.



If your scholar has any achievements they would like to celebrate, please send a short paragraph and any pictures to admin@beths.bexley.sch.uk



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MFL ONATTI SPANISH PLAY

The MFL Onatti theatre company came into Beths to perform for our Year 7 Spanish students. The play was funny and accessible for students as it portrayed the shenanigans of a double booked AirBnB and mistaken identities. Two of our students, Amir & Vivaan, even became actors for the afternoon and helped the characters to translate between the confused gardener and increasingly irritated Paloma!

We look forward to hosting the company again for our French play. A huge thank you for the PA for funding this cultural opportunity for our students.



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LGBTQ+ THINK TANK



On Wednesday, 12th June, Bexley schools students, staff and professionals came together for our Summer Term LGBTQ+ Think Tank.

Professionals from various youth organisations attached to Bexley Council gave a variety of talks about their services and listened to student voices about what they need from their community. Afterwards, we had a Pride celebration with cupcake decoration, a Kahoot quiz and socialising. It was a great way to celebrate this fantastic month and bring the school year to an end!

Thank you to everyone who attended and Happy Pride!



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CHINESE CLUB

The Chinese Experience Club this week focused on traditional Chinese painting art: blowing ink wintersweet. Students learned about the meaning of plum blossoms in Chinese art through videos. They learned to appreciate simple Chinese ink wash paintings and even had the opportunity to create blown ink plum blossoms.



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SUMMER CONCERTS

Beths Grammar School is thrilled to announce its spectacular Summer Concert Series on 2nd July 2024 and 11th July 2024. This is your golden ticket to an evening of mesmerising music and unforgettable performances!

For more information or to purchase tickets, please click here www.ticketsource.co.uk/beths-grammar-school



The poster features a blue background with a white piano keyboard at the top. The school crest is in the top right corner. The text 'Beths Grammar School' is in white, and 'SUMMER CONCERTS' is in large, bold, yellow and white letters. Below this, the dates and times are listed in yellow. The bottom section shows illustrations of a violin, guitar, and drums on a keyboard, surrounded by musical notes and flowers. The school address and performance details are at the bottom right, and a QR code is at the bottom left.

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SUMMER CONCERTS

SUMMER CONCERT - 2ND JULY AT 6PM
SUMMER SOIREE - 11TH JULY AT 6PM

Beths Grammar School,
Hartford Road, DA5 1NE

Performances by Beths Big Band, Band Classes,
Chamber Ensembles, Beths Orchestra and much
more!

To book a ticket or for more information, please visit
<https://www.ticketsource.co.uk/beths-grammar-school> or scan the QR code



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SECONDARY SCHOOLS MUSIC SHOWCASE

BEXLEY SECONDARY SCHOOLS'

Music Showcase

3 JULY 2024
19:00 - 21:30

Harris Falconwood, The
Green, Welling, DA16
2PE

Entry £5

Scan the code for tickets



Part of London South East Academies Trust

**BEXLEY
MUSIC**



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YEAR 8 LATIN TRIP

On Monday, 17th June, the Y8 Latin class went to the British Museum to explore the exhibitions on offer. We started the morning with a treasure hunt through the Egyptian exhibit, analysing the Rosetta Stone and various impressive statues of ancient Pharaohs. After lunch, we discovered the Ancient Room exhibition using Samsung tablets for the immersive experience with virtual reconstructions of ancient busts and artefacts and quizzes along the way. Finally, we finished off in the gift shop as any good museum trip does! A great and educational day was had by all.



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YEAR 5 OPEN EVENTS



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EXCELLENCE ■ COMMUNITY ■ RESPECT

Year 5 Open Events September 2025 entry

Attention all current Year 5 pupils, parents, and carers! You're invited to an unforgettable experience at our Year 5 Open Events. Discover the vibrant community and exceptional opportunities that await at Beths. Come see firsthand what it means to be a Beths student and why our school is the perfect place for your next chapter. Don't miss this chance to explore, engage, and envision your future with us!



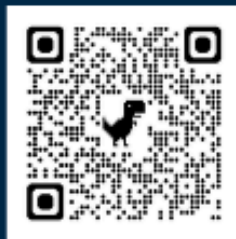
Meet the
Headteacher,
staff and
students.

Each session will run from
**9:15am - 11am on the
following dates:**

Thursday 27th June
Monday 1st July
Friday 5th July
Monday 8th July
Tuesday 9th July
Thursday 11th July
Friday 12th July

To book a space please visit
www.ticketsource.co.uk/beths-grammar-school
or scan the QR code

Please note: there is no parking onsite.



Hartford Road, Bexley, DA5 1NE | Admin@beths.bexley.sch.uk
01322 556538 | www.beths.bexley.sch.uk/



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SCHOOL MENU

MENU

INDEPENDENTCATERING | EDUCATERLIMITED

WEEK 4

MONDAY 24 JUNE

MAIN Teriyaki Chicken Noodles served with Stir Fry Greens and Prawn Crackers
MAIN Teriyaki Vegetable and Mushroom Noodles served with
Stir Fry Greens and Beansprouts (VEGETARIAN)



Spain's '**Rodri**' Wrap – southern chicken wraps with Spicy '**Porro**' Mayo

DESSERT Oat Topped Pear Crumble with Custard

TUESDAY 25 JUNE

MAIN Our Specialty Curries with a choice of Vegetable, Meat and Vegan Dishes
served with Traditional Garnishes and Accompaniments



England's '**Bellingham**' Chicken Burger with '**Kane's**' Katsu Sauce and '**Walker's**' Wedges

DESSERT Lemon Meringue Pie

WEDNESDAY 26 JUNE

MAIN Honey and Thyme Roast Gammon served with Crispy Roast Potatoes,
Seasonal Vegetables and Rich Gravy
MAIN Spinach and Feta Pie served with Crispy Roast Potatoes,
Seasonal Vegetables and Rich Gravy (VEGETARIAN)



Portugal's '**Ronaldo AKA THE GOAT**' Biryani Curry (this does not contain Goat)

DESSERT Marbled Chocolate and Vanilla Sponge with Custard

THURSDAY 27 JUNE

MAIN Rich Beef Lasagne, Garlic Slice, Broccoli and Baby Leaf Salad
MAIN Vegetable Lasagne, Garlic Slice, Broccoli and Baby Leaf Salad (VEGETARIAN)

STREET FOOD OF THE DAY - XX - xx

DESSERT Meringue Topped Berry Mousse

FRIDAY 28 JUNE

MAIN BBQ Chicken Burger with Salad and Pickles served with Chips, Beans or Chef's Slaw and Salad
MAIN Salmon and Dill Fish Burger, stacked with Salad and Mayo served with Chips and Peas
MAIN Vegetable Tortilla served with Chips, Beans or Chef's Slaw and Salad (VEGETARIAN)



STREET FOOD OF THE DAY - MEXICAN - Pulled Pork Tacos with Spicy Pickled Red Cabbage Salad

DESSERT Choice of Home Bakes or Dessert Pots

**AVAILABLE DAILY FRESH CHEF'S SALAD - WHOLE GRAIN BREAD - GRAB AND GO POT MENU
PLUS A PLANT BASED MAIN COURSE EVERY DAY!**

THE DELI

FRESH CUT SANDWICHES - ROLLS - WRAPS - PITTAS - BAGUETTES

SEE THE BLACK BOARDS FOR SOUPS, THEME DAYS AND THE CHEF'S SPECIAL

IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'JULY CONTAIN' STATUS IN MANUFACTURING

WE ONLY USE



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FIXTURES AND RESULTS

Results for week commencing 17th June

CRICKET					
Date	Competition	Team	Opposition	Venue	Score
19.06.24	North Kent Cup	U14A	V Wilmington Grammar School for Boys	Away	Won
19.06.24	North Kent Cup	U12A	V Bexley Grammar	Away	Lost

Fixtures for week commencing 24th June

CRICKET					
Date	Competition	Team	Opposition	Venue	Start
24.06.24	North Kent Cup	U14A	V Bexley Grammar	Away	2:15pm
24.06.24	North Kent Cup	U12A	V Hurstmere	Away	2pm
25.06.24	Kent Plate	U14A	V Darrick Wood School	Away	2:30pm

*Please note that some matches may be cancelled/postponed and therefore we ask you to keep an eye on the SOCS website.
Beths Grammar School | Sports Home (bethssport.co.uk).

If you have any questions, please email us at
fixtures@beths.bexley.sch.uk



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Did you know?

Conflict between parents, whether together or separated, can have a significant negative impact on child's emotional wellbeing, potentially harming their life outcomes.



To view the video on how harmful parental conflict can negatively impact children scan the QR code.



The Bromley Parenting Hub

Offers a range of information for all parents in the borough, whether together, separated or considering separation who want to find ways to improve their relationship and get along better.

We know and understand that in every relationship there are arguments and conflict. But some couples argue more frequently and intensely. If these arguments and struggles are left unresolved, they can develop and grow which can change your relationships from healthy to unhealthy. Please visit

www.bromleyparentinghub.info to access a guide to living in healthy relationships or scan the QR code.



Watch out for Bromley's STOP.THINK.CHANGE Reducing Parenting Conflict social media campaign.

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www.bromleyparentinghub.info



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KEEPING YOUR CHILD SAFE ONLINE

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators PROMOTING PHYSICAL WELLBEING

Physical activity isn't only beneficial for our bodies; it also plays a role in promoting mental wellbeing. With both the Euros and the Olympics this summer, it's an opportunity to engage young people in regular exercise which can reduce stress, improve mood and boost self-esteem. Despite these benefits, many children face barriers to participating in physical activity.

1 MAKE IT FUN

Incorporate activities that children enjoy, such as playing games or dancing. Encourage participation in team sports or group activities to foster social connections and a sense of belonging.

2 MIX MOVEMENT WITH LEARNING

Educational settings can incorporate movement breaks and physical activities to enhance focus, concentration and cognitive function. Embedding exercise into the curriculum can also reinforce learning and stimulate creativity. 'Revision walks' with podcasts and flashcards can benefit older learners.

3 CREATE OPPORTUNITIES

Provide clear chances for physical activity throughout the day, both indoors and outdoors. Schools can encourage active play during breaks and at lunchtimes, while limiting screen time at home can help keep children up and about.

4 PROVIDE POSITIVE REINFORCEMENT

Praise and encourage children for their efforts and achievements in physical activity. Recognise their progress and celebrate their successes to reinforce positive behaviours. Educators could do this in several ways, such as applauding their efforts at assemblies or celebrating their accomplishments in newsletters.

5 VARIETY IS KEY

Introduce a selection of physical activities to keep children engaged and prevent boredom. From swimming and cycling to yoga and martial arts, trying different types of exercise can help children to discover what they enjoy most.

6 ENJOYMENT OVER COMPETITION

Encourage children to focus on the enjoyment of physical activity rather than winning or achieving perfection. Emphasise effort, improvement and having fun rather than outcomes, to minimise the amount of stress that children can sometimes associate with sports and other competitions.

7 SET REALISTIC GOALS

Help children set achievable physical activity targets based on their interests, abilities and preferences. Celebrate their progress and successes to maintain motivation and enthusiasm.

8 MAKE IT ACCESSIBLE

Ensure that children have access to safe, suitable spaces for exercise at home, at school and in the community. Advocate for inclusive environments which accommodate diverse needs and abilities. Be a change maker in your community if facilities aren't already available.

9 LEAD BY EXAMPLE

Parents and carers can be positive role models by prioritising their own exercise and involving children in their fitness routines. Gentle walks, bike rides or sports activities can be wonderful opportunities for bonding and staying active together.

10 ENCOURAGE PERSISTENCE

Help children develop resilience and perseverance by encouraging them to overcome challenges and setbacks in physical activity. Teach them the importance of perseverance and the value of effort in achieving their goals.

Meet Our Expert

Adam Gillett is a learning and development specialist who, as well as working for Minds Ahead, is associate vice principal for personal development at a large secondary school in Barnsley. He was asked to be part of an expert research group for the Department for Education, one of only three school leaders to be asked to do so.



#WakeUpWednesday

The National College

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