

BETHS VIP

Excellence - Community - Respect - Nurture

MESSAGE FROM THE HEADTEACHER



Dear Parents, Carers,

Over the last two weeks we have seen two school productions and two musical concerts (with the last concert taking place tonight at 6pm!) I would like to thank our staff and students for all their efforts in making these events happen, and also to parents for their support.

On the 10th March we held a dress down day raising money for the PA and also Equality Now charity and raised a generous £1,323.

This week we hosted the University Challenge Grammar Schools competition and unfortunately couldn't replicate last year's resounding victory but still put in a creditable performance of 3rd place. I would like to congratulate William, James S, Komi, and Jake P for representing Beths.

Congratulations to the PE department on the 1st XI and 2nd XI football teams winning their league and Kent Schools Cup and to the Year 7s who won the Kent Schools Basketball final this morning, beating Ravens Wood 46-42. We look forward to Tuesday 28th March, where the Year 8, 12, 13 students will play in their respective Kent Basketball finals.

Kind regards,
Richard Blyghton



@BethsGrammar



Beths Grammar School



@BethsGS

ECO CLUB - EARTH HOUR

What is it?

Saturday, 25 March, at 8:30 pm, millions of people across the globe will turn their devices off for 1 hour to show they want environmental change. It takes place in more than 7000 cities in over 190 countries.

Some ideas of what to do up to and during this event:

1. Turn your phone on do not disturb (apart for emergencies)
2. Enjoy a candle-lit, meat-free dinner.
3. Share your plans with others and connect with them in real life (if possible)
4. Share the link on social media with everyone you know.

<https://www.wwf.org.uk/earth-hour#:~:text=What%20is%20Earth%20Hour%3F,by%20joining%20Earth%20Hour%202023>.

WHAT IS EARTH HOUR?

On Saturday 25 March at 8:30pm, millions of people across the globe unite to show that they care about the future of our planet, by switching off for one hour.

Take time out to reflect on what nature means to you by joining Earth Hour 2023.

10 FACTS ABOUT EARTH HOUR



@BethsGrammar



Beths Grammar School



@BethsGS

ECO CLUB - EARTH HOUR

Why it's happening?

The rate of loss of nature in the past 50 years has been unprecedented, and nature provides us with food, water, clean air, and other services worth \$125 trillion a year.

That is why on Saturday, 25 March, at 8:30 pm, millions of people across the globe unite to show that they care about the future of our planet by switching off for one hour. The idea is: if you can manage one hour, you can manage more.

The purpose is to reconnect with nature and to focus on your world. Over the last 6 years, it has taken place, researchers have found 274 cases where earth hour has been effective, all be it by a low amount; it is getting consistently better every year, though, as more and more people are participating.

Every hour we consume 18TWh; to put that into perspective, 1TWh is equivalent to burning 10.8 million barrels of oil. This is why we all **MUST** turn our devices off on Saturday, March 25 8:30 – 9:30 pm

Written by Dan 9E and edited by Eden 9H (KS3 Eco club)



@BethsGrammar



Beths Grammar School



@BethsGS

SIXTH FORM FOOTBALL FINALS

Super Saturday in Herne Bay!

Beths do the double with both the 1st and 2nd XI sides winning the Kent Cup!



2nd XI v Maidstone Grammar School

On a sunny and clear day by the seaside at Herne Bay, Beths Grammar School, second team arrived to play against Maidstone Grammar School, in what was a heavily anticipated fixture in the Kent cup final.

After the ritualistic photographs and handshakes both teams got off to a hesitant start. Testing each other's abilities out and sizing up their opposite numbers. It was Beths who made the more positive beginning and tested the goalkeeper with a few long-range shots, but it wasn't until Chris C picked up the ball with a lovely give and go, and with the goalkeeper off his line he took aim with a long-range effort, which rebounded off the crossbar, bouncing back of the goalkeeper into the net. One nil and a deserved lead going into half-time.



@BethsGrammar



Beths Grammar School



@BethsGS

SIXTH FORM FOOTBALL FINALS

The pressure was relieved somewhat in the second half with an early goal for Beths, which doubled their lead, slotting away a slick move by Josh G.

Beths, we are now cruising and passing the ball around the back with ease. It seems as if they were finding white shirts all over the pitch and Maidstone were unable to deal with the sharp passing play. This is what led to the third goal as a spectacular run could only be stopped just outside the box with a foul.

The ensuing free kick was straight off the training ground. A two man step over totally bamboozled the Maidstone wall and the smart shot from Ilyas G nestled firmly in the bottom right hand corner. Three nil up and the Kent cup was won. All that was left was for Beth's to see out the remaining few minutes and if it was not for a smart save by Sam V pushing the ball onto the post Beth's clean sheet would have been ruined.

Kent champions and very well deserved.



@BethsGrammar



Beths Grammar School



@BethsGS

SIXTH FORM FOOTBALL FINALS

1st XI v Sevenoaks School

As the 2nd XI lifted their trophy, the 1st team began their warm-up with the pressure on to go and do the double - back to back Kent trophies!

Beths started the game well controlling possession and creating some early chances, forcing some good defending from Sevenoaks School. With a good switch of play from Alex N in goal, Adam W found himself in a 1 v 1 down the right-hand side, and after getting past his defender was brought down which was followed by appeals for a penalty kick, however a corner ball was awarded. Despite not converting any of our chances, Beths were the better side 15 minutes in and looked strong. However, with a long goal kick and a good flick on by the centre forward, the Sevenoaks winger was through on goal but was fouled by Oliver W; penalty kick to Sevenoaks with no arguments from the Beths players.

The Sevenoaks player stepped up and struck the ball well, however Alex N guessed the right way and stayed big, saving the penalty with his trailing leg - a huge cheer from the spectators uplifted Beths, who suddenly realised this wasn't going to be an easy task.



@BethsGrammar



Beths Grammar School



@BethsGS

SIXTH FORM FOOTBALL FINALS

Beths increased the intensity and began to win the ball back very quickly in transitions, with some excellent work rate from Aaron A in the middle. As we approached half time Beths continued to pile on the pressure and with a good delivery from Sam J on the left, Max C forced a brilliant save from the Sevenoaks goalkeeper who palmed it out for a corner. Sam then took the corner as Bradley M made a fantastic run to the front post area, and with a glancing header he guided the ball into the bottom left corner. A well-deserved 1-0 lead going into the half time break.

With just a 1 goal advantage, Beths knew going into the second half that they still had a lot to do, and that getting the next goal in the game was crucial. Chris A made way for Arinze C who had an instant impact on the game, and within minutes of kicking off a perfectly flighted ball over the top from Dapo F allowed Arinze to slide the ball into the bottom right-hand corner. This goal was closely followed by a third, where a defending error from the Sevenoaks centre back put Sam Jarvis through on goal, who lifted the ball over the defenders head before volleying the ball into the back of the net. 3-0 Beths with half an hour left.



@BethsGrammar



Beths Grammar School



@BethsGS

SIXTH FORM FOOTBALL FINALS

As Beths began to manage the game well keeping the ball and playing in the right areas, Beths looked for a fourth with some great link-up play between Femi A and Kofi B. With 10 minutes left the title was secured, as Zach G delivered a lofted corner to the back post which was met by Chris Adjei to finish it confidently.

On the final whistle there was an elated cheer from all of the players, who after 7 years had finally won their first Kent Cup Trophy. The boys were awarded their medals and the celebrations began (and continued the whole way home on the coach!). It was a fantastic performance from everyone in the team, with captain Jack B and Oliver W keeping a well-deserved clean sheet. A fantastic end to school football for the team who completed the League Cup double. Overall it was a brilliant day, and both the 1st and 2nd team did Beths proud!



@BethsGrammar



Beths Grammar School



@BethsGS

SIXTH FORM FOOTBALL FINALS



@BethsGrammar



Beths Grammar School

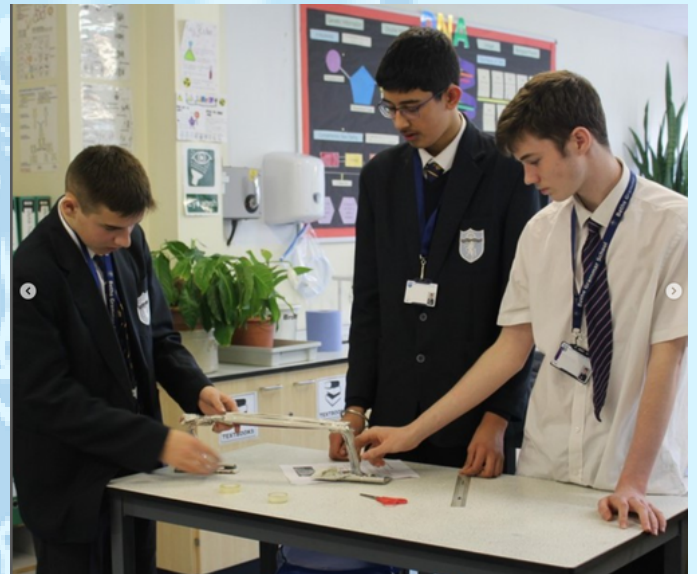
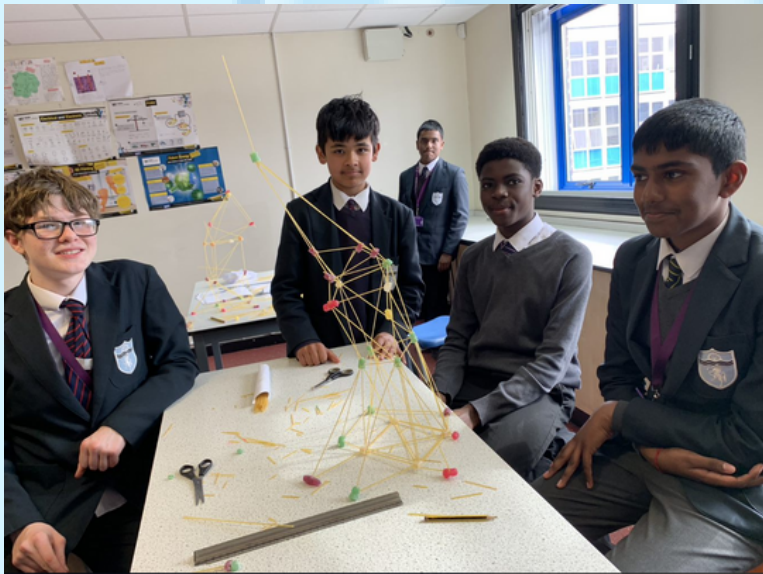


@BethsGS

SCIENCE WEEK

Over the last couple of weeks we have been celebrating Science Week. This year's theme is connections so we have connected our activities with various themes of modern technologies and new areas of discovery. We even had numerous inspirational speakers over the week, including former students.

There were a range of activities across all year groups, our Year 7s made water wheels, Year 8s built towers out of spaghetti and jelly babies, Year 9's designed and built paper aeroplanes, year 10s made bouncy balls and newspaper bridges and our sixth form attended talks about careers in STEM & much more!



@BethsGrammar



Beths Grammar School



@BethsGS

SOUTH EAST LONDON MFL DEBATE COMPETITION

On the 22nd March, ten Year 12 MFL students attended the South East London MFL Debate competition at Bexley Grammar School, competing in the French, Spanish and Mandarin categories.

They faced tough competition from the Bexley and Dartford Grammar School teams. They were given the motion, 'There should be limits to freedom of speech' a few weeks beforehand but were only told whether they were arguing for or against the motion on the day, meaning they had to move quickly to organise their argument.

All three competitions were tight, but a huge congratulations to Micaiah, Setso and Max for winning the Mandarin category! All students were commended for the quality of their arguments and their use of language and have done Beths proud. Also, a massive 'Thank You' to Ms Kuo who instructed them through this process.



@BethsGrammar



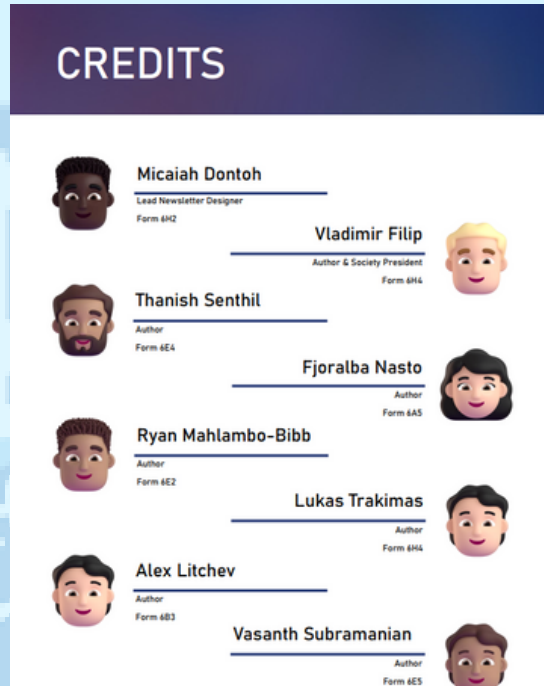
Beths Grammar School



@BethsGS

COMPUTING NEWSLETTER

Congratulations to Beths computing society who have created a newsletter with all things technology and computing. The 1st edition of the newsletter is available here <https://www.beths.bexley.sch.uk/page/?title=CS+Uncovered%2D+Computing+newsletter&pid=413>



@BethsGrammar



Beths Grammar School



@BethsGS

BASKETBALL FUNDRAISER

£1 TO PLAY



BASKETBALL WEEK

**THIS IS WHAT BASKETBALL DREAMS ARE MADE OF.
DON'T MISS A MOMENT OF APRIL FUN & GAMES.**

**17-21
APRIL**

EVERYDAY IN SPORTS HALL
LUNCH TIME



*HOUSE BASKETBALL
STUDENT V TEACHER
SHOOTING GAMES
DRIBBLING RACES
AND MORE*



@BethsGrammar



Beths Grammar School



@BethsGS

INCLUSIVE ZUMBA BEXLEY



Inclusive Zumba - Bexley

- Pan-disability inclusive Zumba for D/deaf and/or disabled and neurodivergent children and young people
- Sessions adapted to meet all needs
- We welcome parents/carers to also join in
- All abilities/disabilities welcome

- Where: St. Stephen's Church Hall, DA16 3QL
- When: Tuesdays
- Taster session Tuesday 28th March
- Time: 5pm - 6pm
- Age: 8 - 16
- Cost: Taster session free, £3 thereafter



Register here:

 <https://bit.ly/InclusiveZumba>
Or scan the QR code



For more information, please contact:

 020 7993 9883

 Disability.Inclusion@AccessSport.org.uk



@BethsGrammar



Beths Grammar School



@BethsGS

SPORTS FIXTURES AND RESULTS

Results for week commencing 20th March 2023

FOOTBALL					
17.03.23	North Kent QF	U13A	V Bexley Grammar	Home	Won 2 - 0
18.03.23	Kent Finals	2 nd XI	V Maidstone Grammar School	Neutral Herne Bay FC	Won 3 - 0
18.03.23	Kent Finals	1 st XI	V Sevenoaks School	Neutral Herne Bay FC	Won 4 - 0
20.03.23	North Kent SF	U16A	V Hurstmere School for Boys	Home	Lost 1 - 4
22.03.23	Kent League	1 st XI	V Langley Park School for Boys	Home	Won 8 - 1
BASKETBALL					
17.03.23	Area Cup SF	U18A	V Canterbury High School	Away	Lost 90 - 70
20.03.23	Area Cup SF	U13A	V Maidstone Grammar	Home	Won 67 - 27
20.03.23	Area Cup SF	U18A	V Tonbridge	Away	Won
21.03.23	Area Cup SF	U14A	V Canterbury High School	Away	Won 72 - 82
21.03.23	Area Cup SF	U12A	V Langley Park School for Boys	Home	Won 17 - 9

Fixtures for week commencing 27th March 2023

RUGBY					
29.03.23	7s Tournament	1 st XV	V Various Schools	Away	KO 2pm
BASKETBALL					
24.03.23	Kent Schools Finals	U14A	V Hayes School	Northfleet Technology College	Tip off 10am
24.03.23	Kent Schools Finals	U12A	V Ravens Wood School	Northfleet Technology College	Tip off 12pm
28.03.23	Kent Schools Finals	U13A	V Langley Park School for Boys	Northfleet Technology College	Tip off 10am
28.03.23	Kent Schools Finals	U17A	V Northfleet Technology College	Away	Tip off 2pm
28.03.23	Kent Schools Finals	U18A	V Gravesend Grammar	Northfleet Technology College	Tip off 4pm

*Please note that some matches may be cancelled/postponed and therefore we ask you to keep an eye on the SOCS website.

Beths Grammar School | Sports Home (bethssport.co.uk)

CLUBS AND EXTRA CURRICULAR ACTIVITIES

We have a range of clubs and extra curricular activities running for all year groups. For a full timetable of clubs and club information please head to our website <https://www.beths.bexley.sch.uk/page/?title=Extra+Curricular+Activities&pid=50>

KS3 Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
8 - 8.30am			KS3 Basketball Sports Hall	KS3 Basketball Sports Hall	
Lunch	French Club EVEN WEEK S19 Ms James Spanish Club EVEN WEEK S16 Ms Bridge Reading Club EVEN WEEK B5 Ms Monteith U14 Basketball Sports Hall Year 8 Rugby Field	LGBTQ+ Society S18 Mr Stein Drama Club P3 Ms Monteith Year 7 Basketball	Eco Club ODD WEEK A4 Mr Glendinning Humanities club EVEN WEEK M2 Ms Palmer Music Appreciation 12:15-12:45pm P2 Y8 Dungeons and Dragons DandT Hub Ms Commerford Collegium Antiquum 12.15 start S19 Mr Simpson	Connect Club EVEN WEEK B4 Ms Takeda KS3 Badminton Sports Hall	DT Club A9 Mr Knott Manga Club ODD WEEK B4 Ms Takeda* Animation Club A3 Ms Twinem Creative Writing ODD WEEK B2 Lady Irving-Gale Music Support Session 12:00-12:45pm P2
After School	Run Club School Field Mr Walter Beths Youth Band 3:40-4:45 P1 ** Group Piano lessons 3:30-4:30 P2 Year 7 Rugby Field STEM Club Y7 S12 Ms Sarker	Memrise Clinic S16 Ms Bridge Music Enrichment - Audition only Orchestra 3:40-4:45pm in the Main School Hall Year 8 Rugby Field Year 9 Rugby Field	Theatre Production 3.45-4.30 P3 Ms Grady* Year 7 Football Field ** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2	Warhammer S1 (3.40 start) Mr Turnbull Beths Singers 3:40-4:45pm P1 Year 9 Football Field U14 Basketball Sports Hall	U13 Basketball Sports Hall Beths Big Band 3:40-4:45pm P2

KS4 Clubs

Timetable	Monday	Tuesday	Wednesday	Thursday	Friday
Lunchtime	Tap and Rap 1:10-1:45pm P1 History Club EVEN WEEK M5 Maths Club B12 Mr Khalid Chess Club A2 Mr Healy	Y11 Study Club (13.20-13.50) B4 Ms Takeda Music Revision 1:10-1:45pm P1 Philosophy Society ODD WEEK M2 Ms May and Ms Moffat	Eco Club EVEN WEEK A4 Ms Purbrick Poetry Club EVEN WEEK B1 Dr Easton U16 Basketball Sports Hall English Revision Club ODD WEEK B5 Reading Club ODD WEEK B5 Ms Monteith Music Theory Club at 1:10pm-1:45pm P1	Psychology Club MCC Mr Walsh and Ms Moffat Debating Club M4 Mr Chamberlain	LGBTQ+ Society (ODD- S19 ,EVEN S15) Ms Harris Social Sciences Reading Club FIRST ODD FRIDAY OF MONTH M4 Film Club B6 Ms Quinn and Mr Russell Y11 Study Club (13.20-13.50) B4 Ms Takeda
After School	Year 10 Rugby Field ** Group Piano lessons 3:30-4:30 P2	Orchestra 3:40-4:45pm in the Main School Hall	U16 Basketball Sports Hall ** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2 Theatre Production 3.45-4.30 P3 Ms Grady*	Warhammer S1 Mr Turnbull Beths Singers 3:40-4:45pm P1 Year 10 Football Field	Beths Big Band 3:40-4:45pm P2

CLUBS AND EXTRA CURRICULAR ACTIVITIES

KS5 Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
8 - 8.30am				Gym Club (Max 15 people) - Weights Room Mr Webb	
	<p>Tap and Rap 1:10-1:45pm - P1 Ms Marriott</p> <p>History Club (EVEN WEE) - M5</p> <p>Chess Club - A2 Mr Healy</p> <p>Muslim Prayer group- C3 Mr Ahmed</p> <p>KSS Chemistry Club - S8</p> <p>KSS Physics Olympiad Club - S1</p> <p>Gender Equality Society - A7B Ms Ewing</p>	<p>Philosophy Society (ODD WEEK) - M2 Ms May and Ms Moffat</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Computer Science interview prep - S1 Mr Beaney</p>	<p>Eco Club (EVEN WEEK) A4 Ms Purbrick and Mr Glendinning</p> <p>Music Theory Club at 1:10pm-1:45pm - P1 Ms Marriott</p> <p>Poetry Club (EVEN WEEK) - B1 Dr Easton</p> <p>English Revision Club (ODD WEEK) - B5</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Reading Club (ODD WEEK) - B5 Ms Monteith</p> <p>KSS Maths Olympiad Club - B12 Mr Khalid</p> <p>Personal Statement Clinic - LRC Mr Beaney</p>	<p>Group Therapy* - C4 Denise Brett-Smith</p> <p>Music Revision 1:10-1:45pm - P1 Ms Marriott</p> <p>Psychology Club - MCC Mr Walsh and Ms Moffat</p> <p>Debating Club - M4 Mr Chamberlain</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Yu-Gi-Oh Club - A5 Mr Walter</p> <p>Informatics Olympiad club - IT1</p> <p>BMAT physics support for Medics - S0 Mr Beaney</p>	<p>LGBTQ+ Society (ODD-S19, EVEN S15) Ms Harris</p> <p>Social Sciences Reading Club FIRST (ODD FRIDAY OF MONTH) - M4</p> <p>Film Club - B6 Ms Quinn and Mr Russell</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Multi-Cultural Committee - MCC 1-1.30pm</p>
Lunchtime					
			<p>Music Technology Club Venue TBC Ms Marriott</p> <p>1st XI Football PE</p> <p>2nd XI Football PE</p> <p>6th Form Basketball Sports Hall PE</p> <p>6th Form Girls Football PE</p> <p>** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2 Ms Marriott</p>	<p>Warhammer S1 Mr Turnbull</p> <p>Beths Singers 3:40-4:45pm P1 Ms Marriott</p>	<p>Beths Big Band 3:40-4:45pm P2 Ms Marriott</p>
After School/ Wednesday P3	<p>** Group Piano lessons 3:30-4:30 P2</p> <p>Engineering A6 Mr Morgan</p>	<p>Girls Rugby Field Ms Ewing</p> <p>Orchestra 3:40-4:45pm in the Main School Hall Ms Marriott</p>			



@BethsGrammar



Beths Grammar School



@BethsGS

KEEPING YOUR CHILD SAFE ONLINE

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many issues which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

Ten top tips for STRONGER PASSWORDS

Passwords continue to be the most common way to prove our identity online. A combination of a username and a password known only to the user provides access to our online accounts and data – and hopefully keeps unauthorised individuals out. As a security measure, though, passwords are relatively weak. People are often predictable in how we choose our passwords, for example – making them less secure. With increasing volumes of usernames and passwords being leaked online, what can we do to keep our data more secure? Here are our top tips for stronger passwords.

BE UNPREDICTABLE

We often choose passwords which are easy to remember, featuring the name of our favourite sports team or favourite film, for instance. Those are predictable passwords. Cyber criminals will routinely try various combinations of passwords relating to sports teams, actors, musical artists and the like – and they often focus on these during major sporting events or around high-profile movie releases.

AVOID GETTING PERSONAL

Many of us use passwords relating to our family, such as children's names or favoured holiday destinations. The problem here is that we also typically post about our holidays and our family on social media – making that information potentially visible to cyber criminals and supplying them with clues which could help them in narrowing down possible passwords we might have set.

NEW PLATFORM, NEW PASSWORD

Where cyber criminals gain access to an online service through a data breach, they often use the data they've stolen to try and access the victim's other accounts. This is because the criminals know that, for convenience, people often use the same password across different services. When we reuse passwords, our security is only as strong as the weakest site where we've used it.

LONGER IS STRONGER

Our passwords are often stored by online services in an encrypted format, in case the service suffers a data breach. The strength of this encryption, however, is dependent on the length of the password you've selected. If your password is only a short one, cyber criminals are significantly more likely to be able to break the encryption and identify your password.

CHECK SOCIAL MEDIA VISIBILITY

Staying up to date with friends and relatives on social media is part of everyday life now. We need to ensure, though, that we limit who can see our posts via each platform's privacy settings. It's also wise to consider what we're posting and if it's really safe to share online. If we restrict what cyber criminals can see, we reduce the chance of them using that information to identify our passwords.



'DOUBLE LOCK' YOUR DATA

It's possible that cyber criminals may eventually discover your username and password. Enabling multi-factor authentication (MFA) on your accounts, however, reduces the chance of them obtaining access to your data, as they'd also require a code which is provided via an app, SMS message or email. MFA isn't infallible, but it does definitely provide extra protection and security.

DELETE UNUSED ACCOUNTS

Data breaches occur when cyber criminals gain access to an online service and all the data contained within it – including usernames and passwords. Whenever you stop using a service, it's wise to make sure that you delete your entire account and not just the actual app. If the service no longer has your data, there's zero risk of it being leaked should they suffer a data breach in the future.

TRY PASSWORD MANAGERS

Even though most of us have numerous online accounts to manage these days, it's advantageous to avoid password re-use. Specialist password management software (like Dashlane or OnePassword, among others) can help by storing a different password for every online service that you have an account with: the only one you or child will need to remember is the single master password.

GET CREATIVE

The British government's National Cyber Security Centre (NCSC) recommends the 'three random words' technique. This method helps you create a password which is unique, complex and long – yet which is memorable enough to stay in your mind ("Fourblue shoes", for example). The NCSC website, incidentally, also offers plenty of other useful information relating to personal cyber security.

STAY VIGILANT

The best way to protect your accounts and your data is to be vigilant and careful. If you receive an email or text message that's unusual or unexpected, treat it as suspicious until you're able to verify whether it's genuine and safe. Starting from a position of vigilance and caution will reduce the likelihood of you or your child being tricked by a malicious email, text or phone call.

Meet Our Expert

A Certified Information Systems Security Professional (CISSP), Gary Henderson is the Director of IT at a large boarding school in the UK, having previously taught in schools and colleges in Britain and the Middle East. With a particular interest in digital citizenship and cyber security, he believes it is essential that we become more aware of the risks around technology, as well as the benefits.



Source: <https://www.ncsc.gov.uk/>



@natonlinesafety

/NationalOnlineSafety

@nationalonlinesafety

@national_online_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 22.03.2023



@BethsGrammar



Beths Grammar School



@BethsGS

BETHS GRAMMAR SCHOOL,
HARTFORD ROAD
BEXLEY
KENT
DA5 1NE

Email Address: admin@beths.bexley.sch.uk

**Email Address (to be used for items/concerns of a more
'sensitive' nature): HeadsPA@beths.bexley.sch.uk**

Telephone Number: 01322 556538



@BethsGrammar



Beths Grammar School



@BethsGS