

BETHS VIP

Excellence - Community - Respect - Nurture

MESSAGE FROM THE HEADTEACHER



Dear Parents, Carers,

On Thursday 24th November 2022, we laid our student Osaivbie to rest. A large number of staff and students attended the service in the church and at the internment in the cemetery and our thanks go to DJ Coaches and Paula Florist Kent for their support providing transport and a beautiful floral arrangement.

We were also able to stream the service in the school hall which had a mixture of year groups in attendance and many of our staff. We are very proud of our students in the way they carried themselves and supported each other both in person and in the school hall.

Mr McBeth, Key Stage 4 Manager, wrote and delivered a speech on behalf of the whole Beths School Community, which is attached to this VIP.

Next week our Year 11s commence their Trial Examinations, and we wish them well with their revision and exams over the next fortnight.

The school office has sent a school coms message home regarding the Flu vaccination that will be carried out in January for Years 7 to 11. The NHS team's deadline for registration is Friday 9th December 2022.

**Kind regards,
Richard Blyghton**

Speech written and delivered by Mr McBeth, Key Stage 4 Manager on behalf of the whole Beths School Community.



I would firstly like to thank the Obasohan family for allowing us the honour of being able to attend this service to mark our respects to our dear fellow student Osaivbie. Today I speak on behalf of the entire Beths community, both staff and students when I share our tribute to his wonderful life.

Osaivbie (who was affectionately known as Ossy amongst staff and pupils) joined Beths Grammar school in September 2019 and was placed in form 7 Hurst. Mrs Amin, his Head of Year, recalls someone who was keen and eager to begin his secondary education with us. Whilst to begin he was rather shy and slightly timid (like most year 7 boys at that stage) he was pleased with himself having passed the selection test and was due to follow in the footsteps of his older brother, as he began the next stage in his journey of life. Mrs Amin remembers how he was excited about the future and was keen to settle in quickly to his new surroundings, with a particular excitement about getting a bus to school for the first time. Joining a large secondary school can be a daunting task for many, but for Osaivbie he settled well and took time to get to know the many new faces around him and fully immerse himself into school life.



@BethsGrammar



Beths Grammar School



@BethsGS

It was in these earlier days that he started to build those strong friendships with his peers which have lasted ever since. Indeed, the strength of our representation here today from the school sends a signal that he was a very popular and much-loved young man.

In those early days, many staff recall an excellent first impression, an excellent work ethic and a genuine commitment to wanting to do well. Like many of our boys, Osaivbie demonstrated those deep-rooted characteristics of the true Beths boy. He loved Maths, the Sciences, Sport and plenty of good food! He spent his break and lunch times on the tennis courts playing basketball and football and did all the things typical of a teenage boy who loved life. He quickly achieved colours for sports and recently took part in the UCL scholars programme. Whilst from the word go, he quickly knuckled down in lessons, he also enjoyed the social aspect of school life, seeing it not only as a place of study and a place of learning, but also a place where he could socialise and mix with others and share the good times with. For Osaivbie, the future was bright, and he began his journey with us with a single-minded determination to do well and to make his parents proud.

Whilst staff keep a careful watch over their flock, it is the boys themselves that know each other the best. His classmates recall someone who was, simply put, a much-loved friend, with a kind and genuine heart. It has been interesting reading their comments as they recall their fondest memories of Osaivbie. It appears that he, like a few boys here today, now and again enjoyed a little innocent mischievousness that often lies in the heart of every teenage boy. Whilst described as a quiet person, he loved nothing more than a good laugh in the company of his friends. He was a very bright and intelligent student with a particular willingness to lend a helping hand to others during those maths and science lessons. When the equations started getting longer and more complex, Osaivbie could always be relied upon to lend a helping hand and rescue a few of his peers from their maths misery. He very quickly became the favourite person to sit beside in lessons.



@BethsGrammar



Beths Grammar School



@BethsGS

I have even come to learn that he helped one or two of you with your maths and science homework's that you were completing during your lunchtime, which just happened to be due in your afternoon lesson that day.

Whilst he excelled academically in the classroom, there is one running theme which simply cannot go unmentioned. His absolute love and truly impressive skills in sport. He is described by both fellow teammates, staff and the bystanders at matches as a truly exceptional and gifted sportsman. Many of the memories fondly recalled by the boys themselves are of those house football and basketball matches where Osaivbie was described very much so as the man of the match. He shot to fame early on in his Beths sporting career and quickly won favour with his form with his performance in house football, when Hurst house was playing against Cray house. As many a Beths boy will tell you, house football can be the pinnacle of your sporting career, your opportunity to show case your skills to the eyes of others whilst earning those all-essential house points. On that day, the stakes were high and the competition fierce. Hurst were losing and the game wasn't working in their favour. Midway through the match the ball comes to Osaivbie and he was about to shoot on the halfway line, only to have the entire form screaming at him from the side-lines telling him not to shoot. But in the heat of the moment and calling upon his natural skill for sport he took the chance and kicked the ball which ended up flying into the top corner of the net, much to the disbelief of his classmates – only to be met with the typical screams and cheers from bystanders. Later that match he scored two of the three goals leading Hurst to victory and Cray taking defeat.

He also had a particular skill for rugby. Paul, a fellow rugby player, recalls that in year 7 he convinced Osaivbie to come to one of our rugby games against Buller's Wood school for Boys. Osaivbie turned out to be a natural player and scored many tries for the school that day. He was that good that the referee asked Mr Temple to take him off the team because it was unfair against the Buller's Wood Boys who simply couldn't match his skill.



@BethsGrammar



Beths Grammar School



@BethsGS

Basketball was his true love. So many of the memories our students recall relate to his performance on the basketball court. He played for the school team and there is no question that he was one of the best players the school has seen in some time. One of the reoccurring themes in the notes of condolences and memories from the students is that not only did he have a physical skill for the game, but he was the shining example of an exemplary sportsman. He demonstrated a true team spirit and took it upon himself to encourage others in the difficult times when matches weren't going well. Several boys recall how he often approached students trying to recruit them to the team and spent time practicing with them to get them up to standard. He motivated others and encouraged everyone to work together to achieve a shared goal. I am sure that if he was here now to hear this glowing praise for his skills we would be met with a humble smile. A humble smile from someone who was a true sporting success but never sought the limelight. He enjoyed his sport, but also enjoyed being part of a family of teammates.

Osaivbie's life can be characterised by three simple, but powerful words. Faith, Hope and Love. Faith was a strong part of his life. Osaivbie actively lived out those Christian values every day of his life. This is not an easy task for a teenage boy. His genuine and loving care for others, his humble and quiet approach to life, along with his quiet but inspirational leadership, made him, in our eyes a true man of faith. Even away from the eyes of his parents, he stood true to the values taught to him. A true and fulfilled life is one where we live a Christ like example here on earth. The bible tells us in the book of James to let every person be quick to hear, slow to speak, slow to anger. Osaivbie was a gentle soul. He cast no judgment, spoke no anger and took time to listen to other. He was kind to others, tender-hearted and forgiving. Blessed are the humble, for they will be great. As a faithful young man his life was abounded with blessings, and we feel privileged to have been part of it. He truly enriched the Beths community and life will not be same for all of us again.



@BethsGrammar



Beths Grammar School



@BethsGS

To summarise a life is an impossible task. He was a young man who demonstrated everything and more we would ever want from a Beths Boy. He excelled in the classroom, worked hard with his studies, demonstrated true respect for everyone and he was ambitious for his future. Our school values of Excellence, Community, Respect and Nurture were demonstrated everyday he was with us. However, as a school, we are the first to recognise that these were not taught by us. Instead, these values were so deeply entrenched in him by his loving family well before he stepped foot through the school gates. And so, I feel it only right to extend our heartfelt thanks and appreciation to his family. Ephesians tell us we must nurture children in the discipline and instruction of the Lord. Proverbs later tell us to train our children up in the way that they should go and when they are older, they will not divert from their ways. Mr and Mrs Obasohan, when we look at your family, you have more than succeeded in this vital duty. He was an absolute credit to you and your family and please cherish those sacred memories which I am sure will never leave us all. He was a true example to us all.

The news of Osaivbie's death sent shockwaves across the Beths community. The reality that we have lost one of our boys has hit us hard. Today the corridors and classrooms at Beths fall silent and lay empty as a mark of respect to our dear fellow student and friend. We come together to give thanks for his life and for the impact he had on our lives.

On behalf of the staff and students at Beths, Osaivbie, Ossy, we say good night. We rest assured that one day we will meet again. May flights of heavenly angels lead and sing you to a paradise of eternal rest. At your coming, may thy king receive you into the holy city. Whilst we here are heartbroken and mourn your loss in our lives, we are comforted by the knowledge that for you, Christ has come to take you home and that true joy has filled your heart. You now wear the crown of life and sit with the King of Glory.



@BethsGrammar



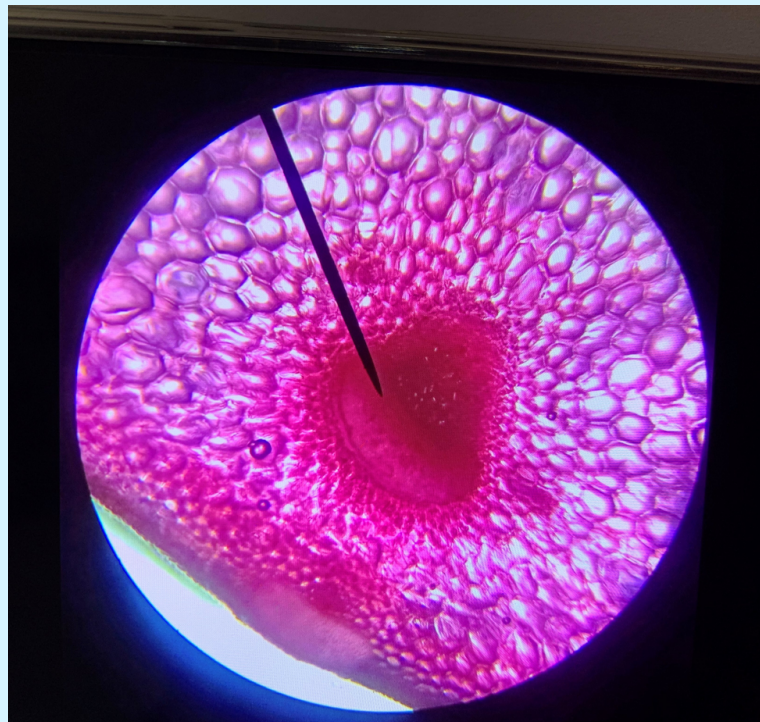
Beths Grammar School



@BethsGS

STEM CLUB

During STEM club this week, students investigated celery soaked in red dye. They observed xylem phloem and vascular bundle and, took some photographs through the microscope to draw their structures. The best diagrams won a prize.



@BethsGrammar



Beths Grammar School



@BethsGS

STUDENT SUCCESS

Last week we celebrated Noah's Jack Petchey award to which he wanted to spend the remaining money on the form to end Well-being week.

Thank you to Noah for doing this for the form and contributing money to the little library and two litter pickers for the eco club!



@BethsGrammar



Beths Grammar School



@BethsGS

WHAT MAKES ME SMILE

WELL BEING WEEK

Last week we celebrated wellbeing week. There were a range of activities ran by our student and staff wellbeing champions. This included a writing of a mood diary, reflection letters, hope clouds, student lead presentations and even a 'What makes me smile' competition! Below is Barack from 7W poem about what makes him smile, as well as a range of pictures from many students and staff about what makes them smile.

What makes me smile
What makes life worth the while
What keeps me awake at day
And make my feelings sway
What must I do to keep on this smile
Not just upon my mouth but within my lifestyle
It's the feeling of satisfaction you get on a rainy day
It's the feeling of togetherness when you are told to stay
But this feeling might not be for long your smile might go away
This feeling is a horrid one that could lead you astray
But everyone gets it, and you need to know its ok
We can't be happy all the time
And let me tell you it's perfectly fine
We must experience these emotions
But you have to take it with cautions
Whether positive or negative you mustn't let them control you
Or you could turn others blue
What makes me smile
There is too much to say
What makes life worth the while
You can find out today.

- By Barack 7W



@BethsGrammar



Beths Grammar School



@BethsGS

WHAT MAKES ME SMILE WELL BEING WEEK



@BethsGrammar



Beths Grammar School



@BethsGS

CHINESE CLUB

During Chinese Experience Club, students learnt about and made their own Chinese kites. Kites originally played a role in providing intelligence for Chinese military forces.



@BethsGrammar



Beths Grammar School



@BethsGS

YOUNG PEOPLES WELL BEING

Money, the cost-of-living crisis and mental health | YoungMinds.

Youngminds have created an informational guide on the links between money and mental health, how to support your child's wellbeing and look after yourself in the cost-of-living crisis, and where to find practical and financial support for your family.



- Keep communication open
- Acknowledge your child's feelings
- Encourage your child to try not to compare their lifestyle with others
- Talk about values and how to decide what is important to them
- Ask your child what their specific concerns are
- Talk to your child about trying to focus on things they can control

“ It's hard to get through to my kids that we can't always afford what their friends can. My daughter looks at social media influencers with online 'hauls' and wants things. I guess we have to learn to say no a lot more. ”

Hannah, parent

https://www.youngminds.org.uk/parent/parents-a-z-mental-health-guide/money-and-mental-health/?utm_source=e-newsletter&utm_medium=email&utm_campaign=360schools&utm_content=nov2022

CLUBS AND EXTRA CURRICULAR ACTIVITIES

We have a range of clubs and extra curricular activities running for all year groups. For a full timetable of clubs and club information please head to our website <https://www.beths.bexley.sch.uk/page/?title=Extra+Curricular+Activities&pid=50>

KS3 Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
8 - 8.30am			KS3 Basketball Sports Hall	KS3 Basketball Sports Hall	
	French Club EVEN WEEK S19 Ms James Spanish Club EVEN WEEK S16 Ms Bridge Reading Club EVEN WEEK B5 Ms Monteith U14 Basketball Sports Hall Year 8 Rugby Field	LGBTQ+ Society S18 Mr Stein Drama Club P3 Ms Monteith Year 7 Basketball	Eco Club ODD WEEK A4 Mr Glendinning Humanities club EVEN WEEK M2 Ms Palmer Music Appreciation 12:15-12:45pm P2 Y8 Dungeons and Dragons DandT Hub Ms Commerford Collegium Antiquum 12.15 start S19 Mr Simpson	Connect Club EVEN WEEK B4 Ms Takeda KS3 Badminton Sports Hall	DT Club A9 Mr Knott Manga Club ODD WEEK B4 Ms Takeda* Animation Club A3 Ms Twinem Creative Writing ODD WEEK B2 Lady Irving-Gale Music Support Session 12:00-12:45pm P2
Lunch	Run Club School Field Mr Walter Beths Youth Band 3:40-4:45 P1 ** Group Piano lessons 3:30-4:30 P2 Year 7 Rugby Field	Memrise Clinic S16 Ms Bridge Music Enrichment - Audition only Orchestra 3:40-4:45pm in the Main School Hall Year 8 Rugby Field Year 9 Rugby Field	Theatre Production 3.45-4.30 P3 Ms Grady* Year 7 Football Field ** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2	Warhammer S1 (3.40 start) Mr Turnbull Beths Singers 3:40-4:45pm P1 Year 9 Football Field U14 Basketball Sports Hall	U13 Basketball Sports Hall Beths Big Band 3:40-4:45pm P2
After School	STEM Club Y7 S12 Ms Sarker				

KS4 Clubs

Timetable	Monday	Tuesday	Wednesday	Thursday	Friday
			Eco Club EVEN WEEK A4 Ms Purbrick Poetry Club EVEN WEEK B1 Dr Easton U16 Basketball Sports Hall English Revision Club ODD WEEK B5 Reading Club ODD WEEK B5 Ms Monteith Music Theory Club at 1:10pm-1:45pm P1		LGBTQ+ Society (ODD- S19 ,EVEN S15) Ms Harris Social Sciences Reading Club FIRST ODD FRIDAY OF MONTH M4 Film Club B6 Ms Quinn and Mr Russell Y11 Study Club (13.20-13.50) B4 Ms Takeda
Lunchtime	Tap and Rap 1:10-1:45pm P1 History Club EVEN WEEK M5 Maths Club B12 Mr Khalid Chess Club A2 Mr Healy	Y11 Study Club (13.20-13.50) B4 Ms Takeda Music Revision 1:10-1:45pm P1 Philosophy Society ODD WEEK M2 Ms May and Ms Moffat		Psychology Club MCC Mr Walsh and Ms Moffat Debating Club M4 Mr Chamberlain	
			U16 Basketball Sports Hall ** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2 Theatre Production 3.45-4.30 P3 Ms Grady*	Warhammer S1 Mr Turnbull Beths Singers 3:40-4:45pm P1 Year 10 Football Field	
After School	** Group Piano lessons 3:30-4:30 P2	Orchestra 3:40-4:45pm in the Main School Hall			Beths Big Band 3:40-4:45pm P2

CLUBS AND EXTRA CURRICULAR ACTIVITIES

KS5 Clubs

	Monday	Tuesday	Wednesday	Thursday	Friday
8 - 8.30am				Gym Club (Max 15 people) - Weights Room Mr Webb	
	<p>Tap and Rap 1:10-1:45pm - P1 Ms Marriott</p> <p>History Club (EVEN WEE) - M5</p> <p>Chess Club - A2 Mr Healy</p> <p>Muslim Prayer group- C3 Mr Ahmed</p> <p>KSS Chemistry Club - S8</p> <p>KSS Physics Olympiad Club - S1</p> <p>Gender Equality Society - A7B Ms Ewing</p>	<p>Philosophy Society (ODD WEEK) - M2 Ms May and Ms Moffat</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Computer Science interview prep - S1 Mr Beaney</p>	<p>Eco Club (EVEN WEEK) A4 Ms Purbrick and Mr Glendinning</p> <p>Music Theory Club at 1:10pm-1:45pm - P1 Ms Marriott</p> <p>Poetry Club (EVEN WEEK) - B1 Dr Easton</p> <p>English Revision Club (ODD WEEK) - B5</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Reading Club (ODD WEEK) - B5 Ms Monteith</p> <p>KSS Maths Olympiad Club - B12 Mr Khalid</p> <p>Personal Statement Clinic - LRC Mr Beaney</p>	<p>Group Therapy* - C4 Denise Brett-Smith</p> <p>Music Revision 1:10-1:45pm - P1 Ms Marriott</p> <p>Psychology Club - MCC Mr Walsh and Ms Moffat</p> <p>Debating Club - M4 Mr Chamberlain</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Yu-Gi-Oh Club - A5 Mr Walter</p> <p>Informatics Olympiad club - IT1</p> <p>BMAT physics support for Medics - S0 Mr Beaney</p>	<p>LGBTQ+ Society (ODD-S19, EVEN S15) Ms Harris</p> <p>Social Sciences Reading Club FIRST (ODD FRIDAY OF MONTH) - M4</p> <p>Film Club - B6 Ms Quinn and Mr Russell</p> <p>Muslim Prayer group - C3 Mr Ahmed</p> <p>Multi-Cultural Committee - MCC 1-1.30pm</p>
Lunchtime					
			<p>Music Technology Club Venue TBC Ms Marriott</p> <p>1st XI Football PE</p> <p>2nd XI Football PE</p> <p>6th Form Basketball Sports Hall PE</p> <p>6th Form Girls Football PE</p> <p>** Violin Club: 3:30-4:00 beginners; 4:00-4:30 intermediate in P2 Ms Marriott</p>	<p>Warhammer S1 Mr Turnbull</p> <p>Beths Singers 3:40-4:45pm P1 Ms Marriott</p>	<p>Beths Big Band 3:40-4:45pm P2 Ms Marriott</p>
After School/ Wednesday P3	<p>** Group Piano lessons 3:30-4:30 P2</p> <p>Engineering A6 Mr Morgan</p>	<p>Girls Rugby Field Ms Ewing</p> <p>Orchestra 3:40-4:45pm in the Main School Hall Ms Marriott</p>			



@BethsGrammar



Beths Grammar School



@BethsGS

SPORTS FIXTURES AND RESULTS

Results for week commencing 21st November

FOOTBALL					
15.11.22	ESFA	U13A	V Thomas Tallis School	Home	Won 5- 1
22.11.22	Kent League	1 st XI Girls	V Sevenoaks School	Home	Postponed
22.11.22	ESFA Rd 3	U14A	V The Kingston Academy	Away	Won 4 - 7
23.11.22	Kent League	1 st XI	V Wilmington Grammar Boys	Home	Won 5 – 3
23.11.22	Friendly	1 st XI girls	V The Marsh Academy	Home	Lost 1 - 2
23.11.22	Kent League	2 nd XI	V St Gregory's Catholic School	Away	Won 0 - 2
BASKETBALL					
18.11.22	Jr NBA tournament	U13A	V Wilmington Academy	Away	Won 10 - 29
18.11.22	Jr NBA tournament	U13A	V Ravens Wood School	Away	Won 8 - 36
21.11.22	Friendly	U14A	V SCWA	Away	Won 16 - 80

Fixtures for week commencing 28th November

FOOTBALL					
25.11.22	ESFA Rd 4	U16A	V St Martin's School	Away	KO 2:15pm
28.11.22	Area Cup	U15A	V Hurstmere Foundation School for Boys	Home	KO 2:30pm
28.11.22	ESFA Rd 3	U13A	V Kingsdale Foundation School	Away	KO 1:45pm
30.11.22	Kent League	1 st XI	V Wilmington Grammar, Boys	Home	KO 2pm
30.11.22	Kent League	1 st XI Girls	V Bullers Wood School	Away	KO 2pm
30.11.22	Kent League	2 nd XI	V St Gregory's Catholic School	Home	KO 2pm
01.12.22	KSFA SF	U13B	V Bishop Challoner School	Away	KO 2pm
RUGBY					
28.11.22	Friendly	U13A	V Langley Park School for Boys	Home	KO 4pm
30.11.22	Friendly	1 st XV	V The Canterbury Academy	Away	KO 2pm
BASKETBALL					
29.11.22	Friendly	U15A	V SCWA	Home	4pm KO
02.12.22	Jr NBA	U13A	V Ravens Wood School	Away	KO TBC

*Please note that some matches may be cancelled/postponed and therefore we ask you to keep an eye on the SOCS website.

Beths Grammar School | Sports Home (bethssport.co.uk)

KEEPING YOUR CHILD SAFE ONLINE

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one of many apps which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com for further guides, hints and tips for adults.

What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

AGE-INAPPROPRIATE CONTENT

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from other activities.

TIKTOK NOW

Introduced in late 2022, the 'TikTok Now' feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-18s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid The Inquirer, Carly is now a freelance technology journalist, editor and consultant.



NOS
National Online Safety
#WakeUpWednesday

www.nationalonlinesafety.com @natonlinesafety /NationalOnlineSafety @nationalonlinesafety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 23.11.2021

BETHS PARENTS ASSOCIATION

Christmas season is fastly approaching, why not raise funds for Beths while doing your shopping!

On Tuesday 8th of November 2022, Beths PA committee members met to discuss with great interest future strategy and fundraising activities. Thrilling projects will be shared shortly with the school community so we can work together by providing positive outcomes to the requests received by several department at Beths School.

Thursday 8th December 2022 - Beths Christmas Jumpers Day!



Ahead of this friendly event, please donate your pre-loved Christmas Jumper. The PA will

organise a sale to raise funds for the school and a charity. Please drop your Christmas Jumper off at the School's Reception or contact us on: beths.parents.association@gmail.com

The PA is launching a new festive fundraising activity - Beths Christmas Tree Sale!

Why not order your Christmas tree from Beths Parents Association and raise money for the students? There are Five tree options and prices to choose from, ranging from £29.25 (3- 4ft) to £53.50 (premium grade 7-8ft tree). Collection of your tree(s) from the school on **Thursday 1st December 2022 from 4pm to 7pm**. Please contact Beths PA for further details: beths.parents.association@gmail.com

Spread the word and let your family and friends know about this great event



@BethsGrammar



Beths Grammar School



@BethsGS

BETHS PARENTS ASSOCIATION

Friends and Sponsors of Beths Parents Associations

Why not become a Sponsor by making a donation and having your business logo published on our pages!

Please contact us for more details:
beths.parents.association@gmail.com
THANK YOU!

Important dates

Beths PA Christmas Tree Sale: Thursday 1st December 2022, 4-7pm at Beths Grammar School

Beths Christmas Jumper Day: Thursday 8th December 2022 -

Uniform Sale: December (TBC)

Next PA meeting: Tuesday 13th December 2022@ 7.30pm - Teams

Quiz Night: 2023 (Date TBC)

Please keep checking on our website and social media pages for upcoming events



beths.parents.association@gmail.com



[Beths Parents Association](http://BethsParentsAssociation.com)



@BethsGrammarPA



@BethsGrammar



Beths Grammar School



@BethsGS

BETHS GRAMMAR SCHOOL,
HARTFORD ROAD
BEXLEY
KENT
DA5 1NE

Email Address: admin@beths.bexley.sch.uk

**Email Address (to be used for items/concerns of a more
'sensitive' nature): HeadsPA@beths.bexley.sch.uk**

Telephone Number: 01322 556538



@BethsGrammar



Beths Grammar School



@BethsGS