

# BETHS VIP

Excellence - Community - Respect

## MESSAGE FROM THE HEADTEACHER



Dear Parents, Carers,

This week saw the return of our Community Afternoon Tea. We welcomed our regular guests and some new faces which was lovely to see. Our guests enjoyed a good old game of Bingo with our very own number caller Ayoola, who kept them entertained with the bingo lingo and Easter Egg prizes! Once again, our catering team provided us with a lovely spread of sandwiches and wraps, scones and biscuits and cakes, not to mention the endless cups of tea and coffee! Our wonderful prefect team hosted the guests and of course there was music from our Big Band and soloists.

There are a number of clubs running, which parents can get access to via SOCS, (see our website for the link). We will aim to get some club information showing in the VIPs just so parents can get a flavour for what is happening. We encourage all students to sign up to a club so they can try something new, something out of their comfort zone perhaps, or something they have a passion for.

House Competitions take place throughout the terms, for students to participate in to help drum up the points for their Houses! Recently there was football house competitions with Year 8 and Year 9. The house winners were Brampton in Year 8 and Eardley in Year 9!!



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Next week we will be holding the first of our Spring Music concerts – Wednesday 26<sup>th</sup> March, 6pm. Come along and hear some beautiful music from our musicians.

We will be closing half day on Friday 4<sup>th</sup> April. Please see the school comms message to inform you of departure times.



**Tuesday 25th March** – Year 12 at UCAS Discovery Event, ExCel London

**Wednesday 26th March** – 6pm Spring Music Concert

**Thursday 27th March** – Year 13 Parents Evening for selected students

**Wednesday 2nd April** - Fairfield Hall Bexley Music Event

**Thursday 3rd April** - 6pm Spring Music Concert

**Friday 4th April** – Ski trip to Mont Tremblant depart and the Bay of Naples trip departs. Last day of term, school finishes half day (see school comms message for further details)

Have a wonderful weekend,  
Richard Blyghton



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# CHINESE CLUB

During Chinese Club this week students explored the art of Peking Opera face painting, learning the meanings behind different colours. They created unique designs using paper, paint, and rope, experiencing a rich part of Chinese culture first-hand!



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# AFTERNOON TEA

On Wednesday , we hosted a delightful afternoon tea for the retired and semi-retired members of our community. The day was filled with joy, laughter, and plenty of heart-warming moments. Guests enjoyed a variety of entertainment, including bingo and musical performances.



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# BETHS BOOK PODCAST

March episode of Beths Book Podcast – out now!

This month, we're stepping back in time to explore the Renaissance Period [https://youtu.be/OiBR\\_MjmuOI](https://youtu.be/OiBR_MjmuOI)

What to expect: Book reviews, competitions

Highlights: Chaucer, Dante, Machiavelli, Tyndale, Milton, Shakespeare



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# SPORTS UPDATE

Commiserations to our Year 11 basketball team who narrowly missed out on a place in the Kent Basketball final, losing to Canterbury Academy by just 1 point. A fantastic effort from the team – well played!



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# SPRING CONCERT

Join us for an unforgettable celebration of music, featuring talented students from Years 7–13! Enjoy performances from big bands, chamber ensembles, band classes, soloists, and the Beths School Orchestra. Tickets can be purchased [here](#)

A vibrant poster for the Beths Grammar School Spring Concerts. The background is a light blue gradient with stylized flowers in green, purple, yellow, and pink. A large white treble clef is on the left. The text 'BETHS GRAMMAR SCHOOL' is in blue. 'SPRING CONCERTS' is in large, colorful, outlined letters. Below, the concert dates are listed in green. The school name and address are in black. Ticket information and a QR code are at the bottom. A bee and musical notes are also present.

**BETHS GRAMMAR SCHOOL**

**SPRING  
CONCERTS**

**SPRING CONCERT – 26TH MARCH 2025, 6PM**  
**SPRING CONCERT 2.0 – 3RD APRIL 2025, 6PM**

Beths Grammar School, Hartford  
Road, DA5 1NE

To book a ticket or for more  
information, please visit  
<https://www.ticketsource.co.uk/Beths-Grammar-School/spring-concert/e-kzaakv> or scan the QR  
code



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# KS3 ART COMPETITION

**120 House Points**

**+**

**AMAZON GIFT  
CARD**

KS3 MCC ART

## *House Competition*

**You can make anything as long as it relates to Multiculturalism.**

**You have FULL creative freedom!**

**Put your name, form and year group on the back of your art.**

**Hand it in to Mr Hayman by 3:30pm**

**Deadline: Friday 28th March**



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# FIXTURES AND RESULTS

## Results for week commencing 17th March

FOOTBALL					
Date	Competition	Team	Opposition	Venue	Start time
19.03.25	North Kent League	1 <sup>st</sup> XI	Hayes School	Away	Lost 2-0
19.03.25	North Kent League	2nd XI	Farringtons School	Home	Won 2-0

BASKETBALL					
Date	Competition	Team	Opposition	Venue	Results
14.03.25	Kent Basketball SF	U15A	Bullers Wood School for Boys	Home	Won 77-62
14.03.25	Kent Basketball SF	U13A	Bullers Wood School for Boys	Home	Lost 46-78
18.03.25	Kent Basketball SF	U16A	The Canterbury Academy	Away	Lost
19.03.25	Kent Basketball SF	U18A	Northfleet Technology College	Away	Lost
20.03.23	Kent Basketball SF	U14A	Hayes School	Home	Lost
21.03.25	Kent Basketball SF	U12A	Maidstone Grammar School	Home	TBA



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# FIXTURES AND RESULTS

## Fixtures for week commencing 24th March

FOOTBALL					
Date	Competition	Team	Opposition	Venue	Start time
24.03.25	North Kent Cup SF	U16A	Hurstmere	Away	3:30pm
26.03.25	North Kent Cup SF	U15A	Harris Garrard Academy	Home	3pm
24.03.25	District Semi Final	U15A	Medway SFA	Away	7:45pm

BASKETBALL					
Date	Competition	Team	Opposition	Venue	Start time
28.03.25	Bexley league	U12A	Cleeve Park	Home	3:30pm
28.03.25	Bexley league	U13A	Cleeve Park	Home	3:30pm

\*Please note that some matches may be cancelled/postponed and therefore we ask you to keep an eye on the SOCS website.

Beths Grammar School | Sports Home ([bethssport.co.uk](http://bethssport.co.uk)).

If you have any questions, please email us at [fixtures@beths.bexley.sch.uk](mailto:fixtures@beths.bexley.sch.uk)



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# KEEPING YOUR SCHOLAR SAFE

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit [nationalcollege.com](https://nationalcollege.com).

## What Parents & Educators Need to Know about

# ROBLOX

AGE RESTRICTION  
PEGI  
7

### WHAT ARE THE RISKS?

Roblox is one of the most popular video games among children. In 2020, the game's developers claimed that more than half of the USA's children had played it. As a 'sandbox' title, the game lets players create their own gaming experiences with Roblox Studio to build custom levels, which can then be shared online.

### ONLINE PLAY RISKS

Because Roblox connects random players across the world, it can put younger players into an environment with anonymous users who could use the platform for nefarious reasons. For example, some role-play games are used for online dates and mature role play, which could expose youngsters to inappropriate messages in the public chat box.

### MATURE CONTENT

Content is difficult to moderate throughout Roblox, due to the number of games available. This is particularly notable on smaller games and experiences, but in summary, some of the games and experiences offered on the platform contain age-inappropriate content that could easily be seen by young players.

### IN-GAME SPENDING

The majority of games within Roblox have extensive monetisation options, usually through season passes or microtransactions. Purchases can range in value from a few pennies up to much larger sums of money. While some games offer a lot of content via purchases, others can offer very little for real world money, causing younger players to end up out of pocket.

### ANONYMOUS PLAYERS

The anonymity of users can leave players vulnerable to bullying, harassment, and predatory behaviour. Without the right parental controls or monitoring, users can connect with each other via personal messages or friend requests, and it is very difficult to know who's behind a username in this vast online world.

### RISK OF ADDICTION

Roblox games can feature rewarding or satisfying mechanics that keep players coming back – or persuade them to stay logged-in for much longer. Like most games, they focus on interactivity, with constant rewards via in-game unlocks and currencies, which can sometimes lead to an addictive need to remain online for long periods of time.

### SCAMS

Many of the games on Roblox feature collectible items, pets, or characters. These objects, while digital, are worth a lot of real money on certain online markets. Scammers will attempt to trade with younger users in the hopes of getting rare items that can be sold for real money, manipulating the child into handing them over, usually via misleading information.

## Advice for Parents & Educators

### MONITOR THE CONTENT

While Roblox does implement plenty of moderation tools and parental controls, it's up to parents and guardians to monitor the types of games a child or impressionable player is experiencing. If a youngster wants to play Roblox, be sure to check out which specific games they want to play within it, and get a good idea of their content.

### TAKE ADVANTAGE OF TOOLS

Use the parental controls within the game itself and teach youngsters how to report and block other players. Knowing the powers within their reach will make Roblox a safer, happier experience. You can set age ranges for who's allowed to contact you, close public chat boxes, block spending, and even make your Roblox profile completely private. All these options are helpful in cutting off bad actors from engaging with children.

### PLAY TOGETHER

Consider playing Roblox with the children in your care. There are few more effective ways to see how monetisation works, gauge whether the game could lead to addictive behaviours, or even witness how interaction between players works, than sitting down and trying the game for yourself. This should help you figure out whether it's suitable for particular children.

### TEACH ONLINE BEHAVIOURS

Have an open conversation about the risks of online play and how to spend money wisely. By being honest and giving tips on how a younger user can protect themselves, you can empower them to not only take care of themselves, but others too. Any user can be reported to Roblox moderators by other players for behaving inappropriately. With this knowledge, younger players can be aware of what to look for and help prevent it.

### Meet Our Expert

Dan Lipscombe is a videogame journalist and author of over 20 books on gaming, including books on Minecraft, Fortnite, Roblox, and more. For 15 years he has been writing about his passion for gaming. When he's not playing games, he's talking about them at GAMINGBible.



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# ACTIONS FOR HAPPINESS CALENDAR

Mindful March 2025

SATURDAY

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

1

Set an intention to live with awareness and kindness

2

Notice three things you find beautiful in the outside world

3

Start today by appreciating your body and that you're alive

4

Notice how you speak to yourself and choose to use kind words

5

Bring to mind people you care about and send love to them

6

If you find yourself rushing, make an effort to slow down

7

Take three calm breaths at regular intervals during your day

8

Eat mindfully. Appreciate the taste, texture and smell of your food

9

Take a full breath in and out before you reply to others

10

Get outside and notice how the weather feels on your face

11

Stay fully present while drinking your cup of tea or coffee

12

Listen deeply to someone and really hear what they are saying

13

Pause to watch the sky or clouds for a few minutes today

14

Find ways to enjoy any chores or tasks that you do

15

Stop. Breathe. Notice. Repeat regularly

16

Get really absorbed with an interesting or creative activity

17

Look around and spot three things you find unusual or pleasant

18

Have a 'no plans' day and notice how that feels

19

Cultivate a feeling of loving-kindness towards others today

20

Focus on what makes you and others happy today

21

Listen to a piece of music without doing anything else

22

Notice something that is going well, even if today feels difficult

23

Tune into your feelings, without judging or trying to change them

24

Appreciate your hands and all the things they enable you to do

25

Focus your attention on the good things you take for granted

26

Choose to spend less time looking at screens today

27

Appreciate nature around you, wherever you are

28

Notice when you're tired and take a break as soon as possible

29

Choose a different route today and see what you notice

30

Mentally scan your body and notice what it is feeling

31

Discover the joy in the simple things of life



ACTION FOR HAPPINESS

Happier · Kinder · Together



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