

BETHS VIP

Excellence - Community - Respect

MESSAGE FROM THE HEADTEACHER



Dear Parents, Carers,

Our Year 10 and 12 Trial examinations are going well this week, scholars are taking these seriously and gaining the examination techniques to help them for when the real exams come. These exams continue to Wednesday next week.

Last week I mentioned the number of our scholars who have received university offers from

Oxbridge, Russell Groups etc. this week I'm please to report on those scholars not wishing to take the university route but look at apprenticeships.

Student apprenticeship offers 2025 – so far!



We will continue to support and encourage our scholars as move on to the next phase of their educational journey.



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On Wednesday we held an Information Evening for external Year 11 students who have been given a conditional offer for a Sixth Form place in September. Here they heard from the Sixth Form team about life at Beths and had the opportunity to sign up to a talk on Oxbridge and Top Universities and Apprenticeships. The event was well received, and we look forward to seeing these students at the end of June during the Sixth Form Induction days.

With the warm weather approaching (I'm sure there will be some rain thrown in somewhere), please ensure your child has a water bottle with them. These can be refilled at our water points.



Wednesday 7th & 14th May - Year 12 WizeUp talk during PSHCE

Thursday 8th May - GCSE & A Level Public Examinations begin

Monday 12th May - Year 12 Work Experience week

Tuesday 20th May 6pm Year 12 UCAS Launch evening

Thursday 22nd May - 6pm Year 8 Camp Meeting for Parents

Friday 23rd May - Last day of term

Have a wonderful long weekend,
Richard Blyghton



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YEAR 11 INFORMATION EVENING

This week, we welcomed Year 11 scholars into our Jubilee Sixth Form Centre to give them and their parents/carers a deeper insight into what they can expect when they join us in September. They heard from staff, our Head Boy and Head Girl, as well as current and former Beths scholars. We wish all Year 11s the best of luck in their upcoming exams and very much look forward to seeing them at induction days and again in September as A-level scholars.



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SKI TRIP

During the Easter break, our students had the incredible opportunity to embark on a ski trip to Mont Tremblant, Canada—and what an adventure it was! From their first moments on the snow-covered slopes, students settled in quickly and embraced every moment. Whether it was their first time skiing or they were seasoned pros, everyone got involved, pushed their limits, and had a blast. The days were packed with action—from shredding the slopes and soaking in breathtaking views to snow tubing, sunset rides, and après-ski fun. When they weren't skiing, students enjoyed exciting off-slope activities including laser tag, virtual reality experiences, and escape rooms.

The trip was a fantastic mix of adventure, laughter, and lasting memories. It truly was the ski trip of a lifetime!



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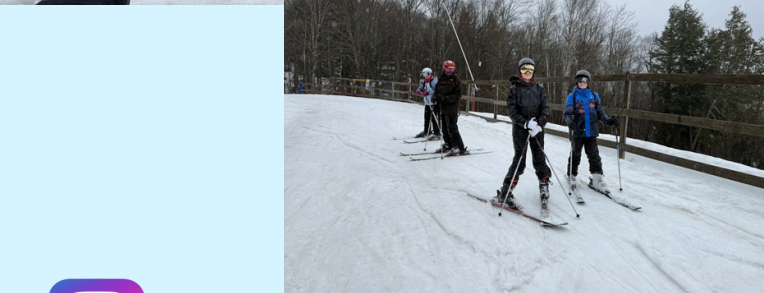


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SKI TRIP



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OUTDOOR LEARNING

8C made the most of the weather earlier in the week when we went outside and had our DT lesson on the field instead of the workshop, we have been looking at sources of wood; researching various types of trees, their properties and characteristics related to Design Technology.



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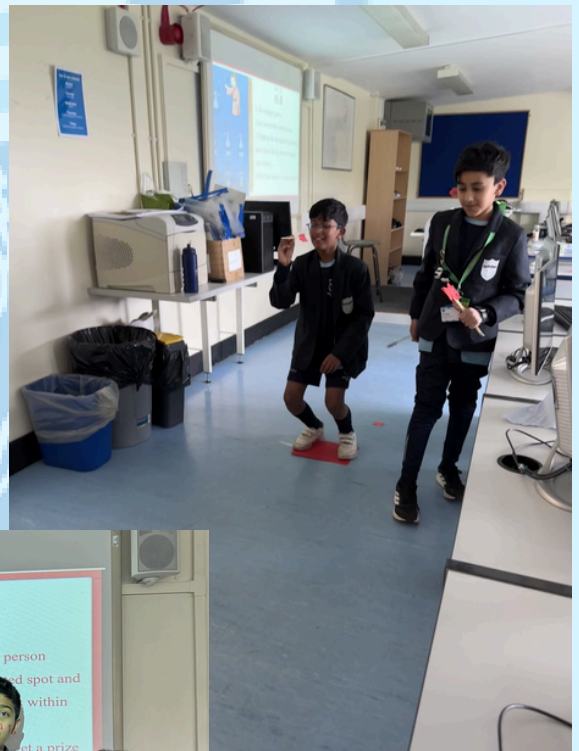
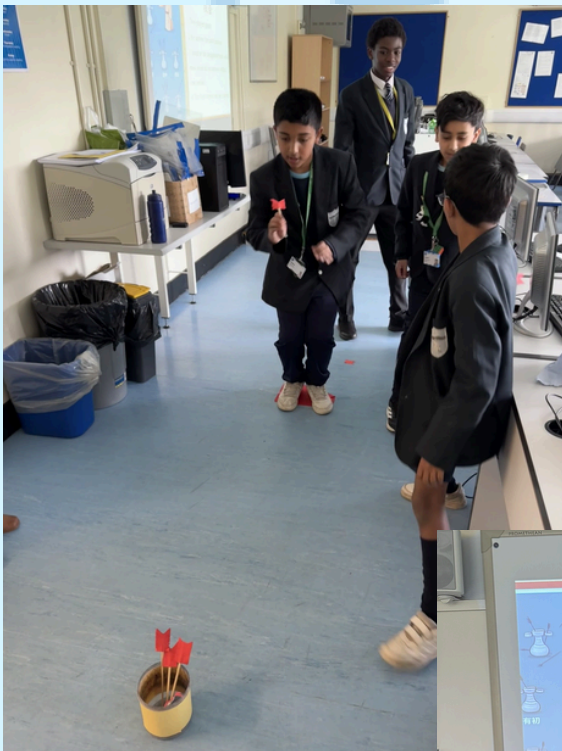


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CHINESE EXPERIENCE CLUB

During this week's Chinese Experience Club, students had the opportunity to explore the exciting game of Chinese Pitch-pot. They learned the rules, practiced strategies, and took part in friendly matches. Not only did they have fun, but they also deepened their understanding of ancient Chinese games and culture.

Pitch-pot is an ancient Chinese game where players try to throw arrows into a pot—much harder than it looks! It was a popular banquet activity during the Warring States Period (475–221 BC), a time when archery played an important role in both ceremonies and daily life.



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STUDENT SUCCESS

A huge congrats to all of our students who took part in the Mini Marathon this morning including Felix, Oto, Henry, Rowan and Alastair. And a massive congratulations to all those who ran the London Marathon.



Congratulations to our Year 8 football team who have made it to the North Kent Football Finals



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BETHS PARENTS ASSOCIATION



Supporting Community, Causes and Care

Hello there! Our PA meetings are held online on the second Wednesday of each month @ 7.00pm using Microsoft Teams.

Our next meeting will be held on Wednesday 14th May. Why not join us?

19:00: Apologies and welcome to new attendees

19:05: Chairs Address

19:10 : Treasurer's Report

19:15 : School's Report

19:20 : Beths Parents' Association Core Priorities

19:25 : Community

19:35 : Causes

19:45 : Care

19:55 : AOB

The meeting ID is 335 113 823 146

Passcode EXrPwq

https://teams.microsoft.com/l/meetup-join/19%3ameeting_OWViNTkyZDUtNzY1ZC00ZjQ4LWFmNTetYmEzNWQzYzIxMmE4%40thread.v2/0?context=%7b%22id%22%3a%22807c193e-d765-45d0-9e7e-6a79c9117688%22%2c%22oid%22%3a%2266c49377-3d23-4f70-a766-5ac69297b626%22%7d



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STRENGTH COURSE

MONDAY 12 MAY
5-6.30PM
6 WEEKS

FREE SNACKS, DRINKS
'N' STUFF EACH WEEK



BOOK IN NOW!

WHAT IS THE STRENGTH COURSE?
A FUN AND INTERACTIVE 6 WEEK PERSONAL
DEVELOPMENT COURSE FOR SECONDARY BOYS AGES 11-15.
THROUGH FUN ACTIVITIES, THE SESSIONS WILL HELP TO
DEVELOP A STRONG SENSE OF PERSONAL IDENTITY,
CONFIDENCE, PURPOSE FOR THE FUTURE AND THE
CHANCE TO MAKE NEW FRIENDS.

📍 AT ROOTED COFFEE HOUSE
BLACKFEN COMMUNITY LIBRARY
7-9 BLACKFEN ROAD
SIDCUP DA15 9LU

FOR MORE INFO CONTACT [SIMON@BLACKFENCOMMUNITYLIBRARY.ORG](mailto:simon@blackfencommunitylibrary.org)



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THE HUB QUIZ NIGHT

YOUTH CAFE

Friday 16th May!

7pm to 8:30pm
School Years 7-11



AT ROOTED COFFEE HOUSE
BLACKFEN COMMUNITY LIBRARY

MILKSHAKES SMOOTHIES SNACKS



Blackfen
Community Library

**An Interactive Quiz with prizes - come as
a team or come along and join a team!**



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THE HUB

OPEN MIC NIGHT

YOUTH CAFE

Friday 20th June!

7pm to 8:30pm
School Years 7-11

AT ROOTED COFFEE HOUSE
BLACKFEN COMMUNITY LIBRARY

MILKSHAKES SMOOTHIES SNACKS

**Either perform or come along
to enjoy the entertainment**

Blackfen
Community Library

**TO PERFORM
BOOK IN**



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THE HUB



for school
years 7-11

YOUTH CAFE

**Fridays 2, 16 May
20 June, 4, 18 July,
8, 22 August**

Hang out with friends

Snacks & Drinks

Free Wifi TableTennis

Virtual Reality Gaming

Games Consoles

Craft Nail Painting

Jewellery Making

Phone Charging

Pool Table



For more info contact:
simon@blackfencommunitylibrary.org

 **ROOTED**
—COFFEE HOUSE—

7-9 Blackfen Parade
Blackfen
DA15 9LU



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KEEPING YOUR SCHOLAR SAFE

At The National College, our WakeUpWednesday guides empower and equip parents, carers and educators with the confidence and practical skills to be able to have informed and age-appropriate conversations with children about online safety, mental health and wellbeing, and climate change. Formerly delivered by National Online Safety, these guides now address wider topics and themes. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators SAFETY ON THE ROAD

Traffic-related incidents are a significant risk for young pedestrians and cyclists, so understanding road safety is crucial for children's wellbeing. While all road users share responsibility for keeping one another safe, this guide offers strategies for empowering young people to navigate the roads confidently and responsibly.

1 TAKE PRACTICE JOURNEYS

Making 'practice' journeys with children is a great way to help them stay safe, thereby modelling responsible behaviours and having road safety conversations as they prepare to travel independently. Add hazard perception activities like spotting electric vehicles – which may have a green number plate – and point out how quiet they are. Children learn by watching others; remind them that their peers might not always be the best role models.

2 BE BRIGHT, BE SEEN

Visibility is lower during darker winter days, and drivers need to take extra care to look out for pedestrians. Wearing bright and reflective clothing can help make children more visible to drivers near roads. In poor daylight conditions, encourage children to wear light, bright or fluorescent clothing. When it's dark, wear reflective clothing or materials such as a reflective armband or jacket.

3 EYES UP

Encourage children to look up and keep their eyes on the road. Teach them to constantly watch for traffic and practise double-checking the road before crossing – looking right, left and then right again.

4 LIMIT DISTRACTIONS

Where possible, devices like phones should be kept away from children while out and about near roads. If they're carrying devices, these should be put away until they've reached their destination. Children must also avoid playing with toys or being distracted by friends. If a friend wants to show them something funny on their phone, there'll be time for that once they've safely arrived.

5 SLOW DOWN

Discuss the importance of waiting instead of crossing immediately. It can be tricky to judge the speed of traffic and spot obstacles that could cause a trip or a fall. For safety, children must stop and think before they get to the kerb and should always walk – not run – when crossing the road. They should avoid crossing until they're certain they have plenty of time. Even if traffic seems a long way off, it could still be approaching very quickly.

6 STOP BEFORE THE KERB

Teach children to stop before reaching the kerb – not right at the edge of it. Halting before they get to the kerb allows them to see if anything's coming, whereas getting too close to traffic is dangerous. If there's no pavement, children should stand back from the road's edge but ensure they can still see approaching traffic.

7 CROSS SAFELY

Children should always find a safe spot to cross the road, prioritising zebra crossings or pelican crossings, footbridges and subways. Find a place where they can see traffic coming from both directions. Avoid crossing near junctions, bends in the road, or obstacles that block their view, instead moving to somewhere they can see and be seen. Remind them to use their eyes and ears together when checking the road, as sometimes they can hear traffic before they can see it. Looking and listening while crossing helps them quickly spot traffic, including cyclists and motorcyclists driving between other vehicles.

8 PARKED VEHICLES

Crossing between parked vehicles is very dangerous. Teach children to use extra caution if crossing in this way, and, ideally, avoid it altogether. They should use the outside edge of a vehicle as if it were the kerb, waiting and checking for traffic before moving. They should ensure vehicles aren't about to move, by looking for drivers in the vehicles and listening for engines running – but remember that electric vehicles may move off silently. They should always make sure there is a gap between any parked vehicles on the other side, so they can reach the pavement.

9 REVERSING VEHICLES

Children must never cross behind a reversing vehicle – it's extremely dangerous. Remind them to look for white reversing lights and listen out for warning sounds. Can they hear the engine sound or a radio playing inside the vehicle?

10 WAIT FOR THE BUS TO LEAVE

When getting off a bus, children must wait for it to leave before crossing so they can have a clear view of the road in both directions. This also allows them to see and be seen by other road users. Crossing near large vehicles is particularly dangerous and should be avoided.

Meet Our Expert

THINK! is a year-round national campaign that aims to encourage safe road behaviours – whether we're driving, cycling, horse riding or walking – with the aim of reducing the number of people killed and injured on the UK's roads each year. Find out more at: <https://www.think.gov.uk/education-resources/>



The National College

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/www.thenationalcollege

@wake.up.wednesday

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ACTIONS FOR HAPPINESS CALENDAR

Meaningful May 2025

MONDAY



5 Let someone know how much they mean to you and why

12 Listen to a favourite piece of music and remember what it means to you

19 Reflect on what makes you feel valued and purposeful

26 Remember an event in your life that was really meaningful

TUESDAY



6 Look for people doing good and reasons to be cheerful

13 Find out about the values or traditions of another culture

20 Share photos of 3 things you find meaningful or memorable

27 Focus on how your actions make a difference for others

WEDNESDAY



7 Make a list of what matters most to you and why

14 Get outside and notice the beauty in nature

21 Look up at the sky. Remember we are all part of something bigger

28 Do something special and revisit it in your memory tonight

THURSDAY

1 Do something kind for someone you really care about

8 Set yourself a kindness mission to help others today

15 Do something to contribute to your local community

22 Find a way to help a project or charity you care about

29 Today do something to care for the natural world

FRIDAY

2 Focus on what you can do rather than what you can't do

9 What values are important to you? Find ways to use them today

16 Show your gratitude to people who are helping to make things better

23 Recall three things you've done that you are proud of

30 Share a quote you find inspiring to give others a boost

SATURDAY

3 Take a step towards an important goal, however small

10 Be grateful for the little things, even in difficult times

17 Find a way to make what you do today meaningful

24 Make choices that have a positive impact for others today

31 Find three reasons to be hopeful about the future

SUNDAY

4 Send your friend a photo from a time you enjoyed together

11 Look around for things that bring you a sense of awe and wonder

18 Send a hand-written note to someone you care about

25 Ask someone else what matters most to them and why



ACTION FOR HAPPINESS

Happier · Kinder · Together



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