



# Beths Grammar School

an 11 – 18 selective school with academy status

Headteacher: Mr R J Blyghton

**30<sup>th</sup> March 2026**

Dear Parents and Carers of students in Year 10,

Thank you for your continued support this term. It was great to see and speak with many of you on the recent Year 10 Parents Evening. As we approach the final term of year 10 this will be the busiest and the most demanding one to date for our students as they begin their first round of trial exams. Whilst we expect students to recharge and rest over the break, it is also the expectation that they do allocate some time to adequate revision and study in preparation for these important assessments.

A reminder that trial exams will begin on **Monday 27<sup>th</sup> April**. A reminder of the trial exam timetable and topic lists can be found below:

- [Year 10 Trial Exam Timetable](#)
- [Year 10 Topic Lists for trial exams](#)

Students have received a copy of their individual timetable (which includes clash sessions). We have also issued students with a hard copy of the topic lists for these exams as well as a blank copy of a revision timetable. Please ensure that your child has their official school lanyard and pass (this will act as photo ID in the exam hall). Please also ensure that your child has all the necessary equipment for exams (a checklist can be found on the timetable).

I know that our students take their exams very seriously. This is their first round of trial exams, and this is an important step in making sure our students are “match-ready” for their public exams at the end of year 11. We believe that regular exposure to practice not only helps advance students attainment but more importantly gradually builds their confidence to perform in the exam hall over time. These exams will give their teachers an accurate picture of their capabilities at this stage of the year and allow them the chance to adapt teaching and learning according to these needs.

You may also find the information below useful in supporting your child with their revision and study at home in preparation for exams:

- [Curriculum maps](#)
- [GCSE “survival guide \(with links to past papers and exam specifications\)](#)
- [Useful revision guides](#)

This can be a very stressful time for students as we approach exams. “Young Minds” have launched advice for parents about supporting their children. Tips include:

- Encourage your child to take revision breaks and find a balance between studying and doing things they find enjoyable and relaxing.

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- Make sure they are eating and drinking at regular intervals.
- Reassure them – reinforce that you are and will be proud of them no matter what happens.
- Remain positive and hopeful
- Let them know their feelings are valid and normal but also offer support and solutions where possible. Anxiety is often worst at night, and this means it is useful to encourage a good bedtime routine.

### **School Development Fund**

Thank you so much to the parents who have already contributed to the School Development Fund. Please see the link below for more information on the fund as well as the link to donate.

- [School Development Fund - Beths Grammar School](#)
- [Link to donate](#)

Thank you as always for your continued support.

I wish you all a great Easter break.

Yours sincerely,



**Mr R McBeth**

**Senior Teacher (Head of Key Stage 4)**

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