

Day	Dish	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites	
Week 1 Monday	British Sausage Casserole	British Sausage	✓													✓	
		Casserole															
		Herb Buttered Potatoes															
		Steamed Broccoli															
		Rich Onion Gravy															
Monday	Pesto Penne	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Pesto									✓						✓
		Penne	✓														
		Broccoli															
		Tomatoes															
		Spinach															
		Feta									✓						
		Garlic Slice	✓							✓	✓						✓
		Chefs' Slaw								✓							
		Salad															
Monday	Apple & Berry Crumble	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Crumble	✓							✓							
		Custard	✓							✓	✓	✓					
Monday	Japanese Katsu Chicken	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Katsu Chicken	✓							✓							
		Curry	✓							✓		✓					
		Fragrant Rice															
Tuesday	Our Specialty Curries	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Curry Base	✓								✓	✓		✓			✓
		Garnishes & Accompaniments	✓								✓	✓		✓			✓
Tuesday	Cherry & Chocolate Cake	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Cake	✓							✓	✓						
Tuesday	Turkish Lamb Kofta	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Lamb Kofta	✓														
Wednesday	Roast Turkey	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Roast Turkey															
		Roast Potatoes															
		Seasonal Vegetables															
Wednesday	Cheese & Roast Vegetable Quiche	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Filled Quiche	✓							✓	✓	✓					
		Roast Vegetables															
		Roast Potatoes															
Wednesday	Apple & Berry Sponge	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Sponge	✓							✓	✓						
Wednesday	Korean Chicken	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Korean Chicken								✓	✓						
		Chilli & Coriander Dip															
Thursday	Mediterranean Chicken	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Mediterranean Chicken															
		Rice															
		Spring Cabbage															
Thursday	Roasted Vegetable Fajitas	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Fajita Vegetables												✓			
		Wrap	✓								✓						
		Rice															
Thursday	Iced Carrot Cake	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Carrot Cake	✓							✓	✓	✓					
Thursday	Mexican Chilli Beef Nachos	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Chilli Beef												✓			
		Nachos															
		Salsa															
Friday	Classic Hamburger	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Beef Burger	✓								✓						
		Bun	✓													✓	
		Salad & Pickles															
		Chips															
		Baked Beans															
		Chefs' Slaw								✓							
Salad																	
Friday	Spicy Beanburger	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Beanburger	✓														
		Bun	✓													✓	
		Salad & Pickles															
		Chips															
		Baked Beans															
Friday	Home Bakes / Dessert Pots	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Dessert Selection	✓							✓	✓	✓					
Friday	American Chicken Sub	<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>	
		Chicken	✓							✓							
		Sub Roll	✓						✓						✓		

Week	Day	Dish	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites
Week 2	Monday	Pasta Beef Bolognese	Pasta	✓													
			Beef Bolognese														
			Garlic Slice	✓						✓		✓					✓
			Chefs' Slaw							✓							
			Salad														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Monday	Spinach, Pea & Sweet Potato Risotto	Risotto									✓					
			Garlic Slice	✓						✓		✓					✓
			Chefs' Slaw							✓							
			Salad														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Monday	Pear & Apple Crumble	Crumble	✓							✓						
			Custard	✓						✓	✓						
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Monday	Greek Chicken Flatbread	Marinated Chicken														
			Flatbread	✓													
			Tzatziki									✓					
			Fresh Mint														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Tuesday	Our Specialty Curries	Curry Base	✓										✓			
			Garnishes & Accompaniments	✓							✓	✓		✓			✓
			Jacket Potato														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Tuesday	Jamaican Ginger Sponge	Sponge	✓						✓	✓						
			Custard	✓						✓	✓						
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Tuesday	Korean BBQ Chicken Burger	Chicken Burger	✓							✓						
			Pickled Slaw														
			Potato Wedges														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Wednesday	Roast Chicken	Roast Chicken														
			Roast Potatoes														
			Seasonal Vegetables														
			Rich Gravy														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Wednesday	Squash & Bean One Pot	One Pot														
			Dumplings	✓							✓						
			Roast Potatoes														
			Seasonal Vegetables														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Wednesday	Pineapple Sponge	Sponge	✓						✓	✓	✓					
			Custard	✓						✓	✓						
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Wednesday	Vegetable Biryani	Biryani	✓										✓			
			Jacket Potato														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Thursday	Creamy Chicken Pie	Pie Pastry	✓							✓						
			Chicken Filling									✓					
			Herby New Potatoes														
			Glazed Carrots														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Thursday	Mushroom, Spinach & Feta Penne	Penne	✓													
			Chestnut Mushrooms														
			Spinach														
			Feta									✓					
			Tomato Sauce														
			Garlic Slice	✓						✓		✓					✓
			Chefs' Salad														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Thursday	Key Lime Pie	Pie	✓						✓	✓	✓					
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Thursday	British Fish Finger Wrap	Fish Fingers	✓			✓										
			Wrap	✓													
			Tartar Sauce							✓		✓		✓			
			Potato Wedges														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Friday	Peri Peri Chicken	Chicken														✓
			Chips														
			Beans														
			Chefs' Slaw							✓							
			Salad														
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Friday	BBQ Carrot & Chickpea Burger	Burger														
			Bun	✓													✓
			Chips														
			Beans														
			Salad														
			Chefs' Slaw							✓							
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Friday	Home Bakes / Dessert Pots	Dessert Selection	✓						✓	✓	✓					
			<b>Component</b>	<b>Gluten</b>	<b>Crustaceans</b>	<b>Molluscs</b>	<b>Fish</b>	<b>Peanuts</b>	<b>Nuts</b>	<b>Eggs</b>	<b>Soya</b>	<b>Milk</b>	<b>Celery</b>	<b>Mustard</b>	<b>Lupin</b>	<b>Sesame</b>	<b>Sulphites</b>
	Friday	Mexican Chilli Beef Nachos	Chilli Beef	✓										✓			
			Nachos														
			Salsa														
			Sour Cream									✓					



Week	Day	Dish	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites
Week 4	Monday	Bank Holiday															
	Tuesday	Our Specialty Curries	Curry Base	✓										✓			
			Garnishes & Accompaniments	✓							✓	✓		✓			✓
			Jacket Potato														
	Tuesday	Cherry & Chocolate Cake	Cake	✓						✓	✓						
	Tuesday	Turkish Lamb Kofta	Lamb Kofta	✓													
			Yoghurt & Mint Dip									✓					
			Flatbread	✓													
	Wednesday	Roast Turkey	Roast Turkey														
			Roast Potatoes														
			Seasonal Vegetables														
			Rich Gravy														
	Wednesday	Cheese & Roast Vegetable Quiche	Filled Quiche	✓						✓	✓	✓					
			Roast Vegetables														
			Roast Potatoes														
			Seasonal Vegetables														
	Wednesday	Apple & Berry Sponge	Sponge	✓						✓	✓						
	Wednesday	Korean Chicken	Chicken							✓	✓						
			Chilli & Coriander Dip														
			Rice														
	Thursday	Mediterranean Chicken	Chicken														
			Rice														
			Spring Cabbage														
			Carrots														
	Thursday	Roasted Vegetable Fajitas	Fajita Vegetables											✓			
			Wrap	✓													
			Rice														
			Corn														
			Mixed Salad														
	Thursday	Iced Carrot Cake	Cake	✓						✓	✓	✓					
	Thursday	Mexican Chilli Beef Nachos	Chilli Beef											✓			
			Nachos														
			Salsa														
			Sour Cream									✓					
	Friday	Classic Hamburger	Beef Burger	✓							✓						
			Bun	✓												✓	
			Salad & Pickles														
			Chips														
			Baked Beans														
			Chefs' Slaw							✓							
			Salad														
	Friday	Spicy Beanburger	Beanburger	✓													
			Bun	✓												✓	
			Salad & Pickles														
			Chips														
			Baked Beans														
			Chefs' Slaw							✓							
			Salad														
	Friday	Home Bakes / Dessert Pots	Dessert Selection	✓						✓	✓	✓					
	Friday	Stacked Chicken Sub	Chicken	✓							✓						
			Sub Roll	✓						✓							✓

Week	Day	Dish	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Week 5	Monday	Pasta Beef Bolognese	Pasta	✓															
			Beef Bolognese																
			Garlic Slice	✓								✓	✓						✓
			Chefs' Slaw									✓							
		Monday	Spinach, Pea & Sweet Potato Risotto	Salad															
	Risotto											✓							
	Garlic Slice			✓								✓	✓						✓
	Chefs' Slaw														✓	✓			
		Monday	Pear & Apple Crumble	Salad															
	Crumble			✓								✓							
	Custard			✓								✓	✓	✓					
	Component			Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
		Monday	Greek Chicken Flatbread	Marinated Chicken															
	Flatbread			✓															
	Tzatziki												✓						
	Fresh Mint																		
		Tuesday	Our Specialty Curries	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites	
	Curry Base			✓									✓	✓		✓			
	Garnishes & Accompaniments			✓									✓	✓		✓			✓
	Jacket Potato																		
	Tuesday	Jamaican Ginger Sponge	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Sponge			✓								✓	✓							
Custard			✓								✓	✓	✓						
Component			Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites			
	Tuesday	Korean BBQ Chicken Burger	Chicken Burger	✓							✓						✓		
Pickled Slaw																			
Potato Wedges																			
Component			Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites			
	Wednesday	Roast Chicken	Roast Chicken																
Roast Potatoes																			
Seasonal Vegetables																			
Rich Gravy																			
	Wednesday	Squash & Bean One Pot	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
One Pot																			
Dumplings			✓									✓							
Roast Potatoes																			
	Wednesday	Pineapple Sponge	Seasonal Vegetables																
Component			Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites			
Sponge			✓								✓	✓							
Custard			✓								✓	✓	✓						
	Wednesday	Vegetable Biryani	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Biryani			✓									✓	✓		✓				
Jacket Potato																			
Component			Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites			
	Thursday	Creamy Chicken Pie	Pie Pastry	✓							✓	✓							
Chicken Filling																			
Herby New Potatoes													✓						
Glazed Carrots																			
	Thursday	Mushroom, Spinach & Feta Penne	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Penne			✓																
Chestnut Mushrooms																			
Spinach																			
	Thursday	Key Lime Pie	Feta									✓							
Tomato Sauce																			
Garlic Slice			✓								✓	✓					✓		
Chefs' Slaw																			
	Thursday	Fish Finger Wrap	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Pie			✓								✓	✓	✓						
Fish Fingers			✓				✓												
Wrap			✓																
	Friday	Peri Peri Chicken	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Chicken																		✓	
Chips																			
Beans																			
	Friday	BBQ Carrot & Chickpea Burger	Chefs' Slaw											✓	✓				
Salad																			
Burger			✓															✓	
Bun																			
	Friday	Home Bakes / Dessert Pots	Chips																
Beans																			
Salad																			
Chefs' Slaw																			
	Friday	Mexican Chilli Beef Nachos	Component	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Nuts	Eggs	Soya	Milk	Celery	Mustard	Lupin	Sesame	Sulphites		
Dessert Selection			✓								✓	✓	✓						
Chilli Beef			✓												✓				
Nachos																			
	Friday	Salsa	Salsa																
Sour Cream												✓							

